### **Bio-Data**

## S. RAJALAKSHMI

Assistant Professor,

Department of Food Science and Nutrition,

Holy Cross Home Science College,

Thoothukudi.

**Date of Joining:** 10.10.2022

**Education** : M.Sc

**Specialization**: Food Science and Nutrition

#### Education

| Degree | Specialization                   | College   | Year |
|--------|----------------------------------|---|------|
| M.Sc   | Dietetics and Food<br>Management | Holy Cross Home Science College,<br>Thoothukudi | 2022 |
| B.Sc   | Food Science and Nutrition       | Holy Cross Home Science College,<br>Thoothukudi | 2020 |

## PARTICIPATION IN SEMINAR/CONFERENCE:

- Participated in Two Days Workshop on Laboratory Techniques for Food Analysis on 14<sup>th</sup> and 15<sup>th</sup> Feburary 2023.organized by Department of Food Science and Nutrition, Holy Cross Home Science College, Thoothukudi.
- Participated a Webinar on Innovation in Food Regulation and Plant Management on 18.11.2022 organized by Department of Food Science and Processing Management of Subbalakshmi Lakshmipathy College of Science, Madurai.
- Participated in
- Participated in a National Webinar on Demystifying Intellectual Property for Academic Research and Innovation in Collaboration with (NRDC) Innovation Council and Entrepreneurship Development Cell held on 07.09.2023.
- Participated in International Seminar on Personalized Nutrition in an Innovative World on September 22<sup>nd</sup>, 2023 organized by department of Food Science and Nutrition, Holy Cross Home Science College, Thoothukudi.
- Participated in Online webinar on Managing Diabetes Through Diet and Nutrition organized by Protein Foods and Nutrition Development Association of India in Colloboration with Macro Limited held on 17<sup>th</sup> November 2023.
- Participated in Two Days Webinar on Bio Manufacturing of Fermented milks a step towards Health Status and Social well being, organized by SMC College of



Dairy Science, Komdhenu University, Anand in association with Biotechnology Industry Research Assistance Council Government of India during January 18 &19 2024.

• Participated in webinar on Relevance of Intellectual Property Rights in Research and Academia organized by Department of Food Science and Nutrition, Holy Cross Home Science College, Thoothukudi.

# PAPER PRESENTED

- Presented a Paper on Parkinsons Disease- Progression on Modifiable Life style and Diet: A Nutrition Intervention in Thoothukudi.
- Presented a Paper on Formulation and Development of Multi Grain Chocos using Fruits.
- Presented a Paper on Physico Chemical Evaluation and Sensory Attributes of Fruit Based Popsicle.
- Presented a Paper on A Review on Benefits of BER Fruits.
- Presented a Paper on Formulation and Development of Duplex Instant Mix Powder using Carrot and Ridge Gourd Peel Powder.

### POSITIONS OF RESPONSIBILITY IN COLLEGE

- NSS (2024-2025)
- EDII Committee (2024-2025)
- PTA Association Committee (2024-2025)

### **ONLINE COURSES**

Participated in Seven Days International Online Certificate Course on MICROSCOPY

 AN OVER REVIEW, organized by Department of Microbiology, Sacred Heart college, Tirupattur, Tamilnadu.on 24<sup>th</sup> – 31<sup>st</sup> June 2023.

# FACULTY DEVELOPMENT PROGRAMME

- Participated in National Level Five Day Online Faculty Development Programme on NEP 2020 from 09.12.22 to 14.12.22 organized by Internal Quality Assurance Cell, V.V.Vanniaperumal College for Women, Virudhunagar – Virtually
- Participated in Five Days Faculty Development Programme titiled with Food Facts organized by Department of Food Processing Technology and Management from April 11-15.04.2023 organized by Hindusthan College of Arts and Science Coimbatore.
- Participated A Five Day National Level from 23<sup>rd</sup> May to 27<sup>th</sup> May, Virtual FDP on Skills Reengineering in Business Management organized by Department of Master Business

- Administration, Andhru Loyola Institute of Engineering and Technology, Kakinda, Vijayawada.
- Participated in 8 Days Faculty Development Programme on A Tutelage Forum on Teaching, Learning a Research, organized by Department of Food Processing Technology and Management, by Hindusthan College of Arts and Science, Coimbatore. From 27/01/2024 to 04/02/2024.
- Participated in Faculty Development Programme organized by UGC- Autonomy grant for Faculties of Life Sciences in online mode by Cluster Department of Life Sciences from 21/02/2024 to 27/02/2024.
- Participated in 7 Days National level Faculty Development Programme on 17.05.2024 23.05.2024 based on Farm to Fork enhancing food quality through post harvesting handling organized by department of Food Technology, Hindustan College of engineering and technology, coimbatore, Tamilnadu.
- Participated In 6 Days on July 1.07.2024 to 6.07.2024 Faculty Development Programme on Naan Mudhalvan conducted by Manonmaniam Sundaranar University.

#### **ACHIEVEMENTS**

• Awarded as Second Rank in B.Sc. Food Science and Nutrition at the examinations held in April 2020 at University level.