

Mrs.A.Marithangam

Assistant Professor

Department of Food Science and
Nutrition Holy Cross Home Science
College
Thoothukudi.

Email: thangamashok13@gmail.com

Date of Joining: 09/12/2016

Education: M.Sc. Ph.D.,

Specialization: Food Science and

Nutrition **Educational Qualification:**



Degree	Specialization	College / University	Year of Passing	Class Obtained
M.Sc	Dietetics & Food management	Holy Cross Home Science College, Thoothukudi	2009	82.6 %
B.Sc	Nutrition and Food service management	Holy cross Home Science College, Thoothukudi	2007	74.3 %

Work Experience:

Served as a Dietitian at Sundaram Arulraj Hospital, Thoothukudi from 2009 - 2016

Online Courses : Courses Completed – Food Processing Techniques

Book Publication

Text Book of Biochemistry, ISBN: 978-93-94638-84-6.

Publishers Thanuj International Publishers, Namakkal, Tamilnadu

Question Paper setter in

- Sarah Tucker College, Tirunelveli
- Arul Anandar College, Madurai
- Sadakthullah Appa College, Tirunelveli
- Manonmaniam Sundarnar University, Tirunelveli

Club and Association Incharge:

- Pudhumai Pen Nodal Officer
- Food, Health and Fitness Club
- NSS
- Media Committee
- Admission Committee

Vidwan ID: 238874

Orcid Id: 0000-0002-6499-9509

Employee Id: HCHSFN005

Young Scientist Fellowship Scheme: Tamilnadu State Council for Science and Technology –
Young Scientist fellowship Scheme (YSFS 2021-2022) Funded by Rs 33,170 from January 2023
to March 2023

Specialization

- Baking Trainer
- Food Processing and Preservation Trainer

Conference/ Seminars Attended International and National

- Presented paper in National Seminar on Nutria Vision Organized by SadakathullahAppa college, Palayamkottai on 18/9/2018.
- Participated in “ training of teachers for students induction programme organized by University grant Commission, Bharathiyar University , Coimbatore On 30/10/2019 - 31/10/2019.
- Presented paper in National Seminar on “ Functional Foods and Nutraceuticals” organized by Muslim Arts college, Thiruvinthancode on 1/10/2019
- Paper Presented entitled “A study on awareness about benefits of palmyra food products “National webinar on medicinal values on traditional foods” organized by V.V.Vannaiaperumal college for women on 30/03/2022
- Paper Presented entitled on “Microbial Analysis on Ice Cream enriched with egg white and fox nuts” Recent trends in aquatic and terrestrial biology organized by Muslim Arts

College, Tiruvithancode on 22/04/2022

- Paper presentation on II International conference on “ Emergency trends, growth, opportunities and future in Food Processing Sectors Title “Formulation and Development of cookies by incorporating powdered sesame cake, lotus seed and drumstick seed” organized by Bishop Herbal College, Tiruchy on 28/4/2022 and 29/4/2022
- Paper Presented and Participated in National Seminar on “Opportunities and challenges in Nutrigenomics and Health Care” organized by Holy Cross Home Science College, Thoothukudi on 30/9/2022
- Participated in “Innovation in Food Regulation and Plant Management” organized by SubbaLakshmi Lakhmipathy College of Science, Madurai on 18/11/2022.
- Participated on “Demystifying Intellectual Property For Academic Research and Innovation” in Coloration with the (NRDC) National Research Development Corporation the Institution Innovation Council and Entrepreneurship Development Cell, held on 7/09/2023.
- Participating in the “Managing Diabetes through Diet and Nutrition” Organized by Protein Foods & Nutrition Development Association of India in Collaboration with Marico Limited held on 17/11/2023.
- Paper Presented and Participated in International Seminar on “Personalized Nutrition in an Innovative World” organized by Holy Cross Home Science College, Thoothukudi on 22/09/2023.
- Participated on “IPR in the new Economy” Organized by Holy Cross Home Science College, Thoothukudi on 20/02/2024.

Faculty Development Programme

- Participated in one day orientation programme for faculty development Organized by Manonmaniam Sundarnar University held on 16/09/2017
- Participated in “My Life My Pride My Career” FDP organized by Patrician College for Women, Chennai. On 18/5/2020
- Faculty Development Programme in Home Science “Insight” organized by Ramadevi Womens University, Odisha on 14/2/2022 to 19/2/2022
- FDP on “ Education: Soft Skills” organized by SCMS School of Engineering and Technology, Kerala on 21/2/2022 to 25/02/2022
- Participated national level FDP on “NEP 2020” Organized by IQAC, V.V.Vanniaperumal College for women, Virudhunagar from 9/12/2022 to 14/12/2022
- Participated Workshop on “ Role of Assessment and Accreditation towards improving the quality of education and national educational policy implementation in higher educational institution” organized by internal Quality Assurance Cell in association with NAAC from 08/02/2023 to 10/02/2023
- FDP on “Food Facts” organized by Hindusthan College of Arts & Science, Coimbatore on 11/04/2023 to 15/04/2023.
- Participated Faculty Development Programme on “Skills Reengineering in Business Management” organized by Andhra Loyola Institute of Engineering and Technology on

23/05/2023 to 27/05/2023

- FDP on “ International Regulatory Requirements for Children s for clinical trials & Data management organized by Naan Mudhalvan Program held at Manonmaniam sundarnar university on 24/07/2023 to 28/07/2023
- FDP on “ Agribusiness Management” organized by Naan Mudhalvan Program held at Manonmaniam sundarnar university on 07/01/2024 to 12/01/2024
- FDP on “Farm to Fork – Enhancing Food Quality Through Post-Harvest Handling” from 17/05/2024 to 23/05/2024 Organized by the Department of Food Processing Technology, Hindusthan College of Engineering and Technology, Coimbatore.

Guest Lecture

- Guest Lecture on “ Dietary Habits” and prepared cyclic menu organized by Disable School, Alangarathittu on 27/10/2017
- Guest lecture on “ food and health” Organized by District library, Thoothukudi on 20/11/2017
- Resource person in Training programme on Food Processing organized by MSME, Ramanathapuram on 23/11/2017 & 24/11/2017
- Guest lecture on Early child hood Education policy and ECCE curriculum frame work organized by ICDS, Thoothukudi on 30/1/2018.
- Evaluate the status of the modern kitchen in Government Hospital, Thoothukudi on 5/2/2018
- Guest lecture on “ Health Awareness for women” organized by Thermal power Station, Thoothukudi on 8/3/2018
- Guest lecture on “ Dietary habits for Diabetic patient in Athimarapatti organized by Spic Lions club , Thoothukudi on 30/7/2018.
- Guest lecture on Dietary modification & balanced diet organized by Spic, Thoothukudi on 27/9/2018
- Resource person for training programme on baking organized by St. Mary’s college, Thoothukudi on 28//11/18
- Guest lecture on “ Enabling Nutrition Health And Hygiene” organized by Samagrashiksha Government teacher programme, Thoothukudi on 14/12/2018
- Guest lecture for Workers Education programme on Spic, Thoothukudi on 25/6/2019
- Served as a judge for Flameless cooking competition organized by St. Ann’s School, Thoothukudi on 13/11/2019.
- Resource person in training programme on baking organized by St. Mary’s college, Thoothukudi on 27/11/2019.
- Guest lecture for Workers Education programme, organized by Spic, Thoothukudi on 12/12/2019
- Guest lecture for Workers Education programme organized by Spic Thoothukudi on 10/1/2020
- Resource person in training programme on traditional food preparation organized by Pops college, national service scheme, Sayarpuram on 12/2/2020
- Guest lecture for Workers Education programme organized by Spic, Thoothukudi on 19/2/2020
- Resource Person “Healthy living ” in Parents Teachers Association organized by Holy

Cross Home Science Matriculation School, Thoothukudi on 27/7/2022

- Resource person FSSAI “Eat Right Mela” FSSAI, Thoothukudi on 10/8/2022 & 12/8/2022.
- Resource person in “Life Style Management of PCOD” organized by Girl Tribe, Coimbatore on 20/8/2022
- Resource person “Entrepreneur Development Programme” organized by MSME, Tiruchendur on 27/9/2022.
- Resource Person in “ Food Safety and Health Benefits of Traditional Foods” Organized by V.O.Chidambaram College, Thoothukudi on 18/10/2023.