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Date of Joining: 02.01.2023

EDUCATIONAL QUALIFICATION

Course	Name of the Institution	Board/University	Year of Passing	Class
Ph.D	Manonmaniam Sundaranar University, Tirunelveli.	Manonmaniam Sundaranar University, Tirunelveli.	2022	Awarded
M.Phil	V.O. Chidambaram College, Thoothukudi	Manonmaniam Sundaranar University, Tirunelveli.	2013	I
M.Com	Govindammal Aditanar College for Women, Tiruchendur.	Manonmaniam Sundaranar University, Tirunelveli.	2011	I Class with University rank X
B.Com	Govindammal Aditanar College for Women, Tiruchendur.	Manonmaniam Sundaranar University, Tirunelveli.	2008	I
H.S.C	K.A.Higher Secondary School	State Board	2004	I
S.S.L.C	K.A.Higher Secondary School	State Board	2002	I

Research Experience

Status	Title	Institution
Ph.D Awarded (2022)	Occupational stress among women professionals in Tirunelveli District	Manonmaniam Sundaranar University, Tirunelveli.
M.Phil (2011 – 2013)	A Study on Occupational Stress among professionals in Thoothokudi district	Manonmaniam Sundaranar University, Tirunelveli.

POSITION HELD:

Co-Ordinator in Learning Management System Committee, Member in Cyber Security club, Publicity Web Updation & Documentation Committee, EDII, Puthumai Penn Scheme Holy Cross Home Science College, Thoothukudi under Manonmaniam Sundaranar University Tirunelveli.

TEACHING EXPERIENCE:

- UG: 4.5 years
- PG : 4 Years

PRESENTATIONS

JOURNAL: (ISSN)

Sl. No.	JOURNAL	TOPIC	ISSN No	Conducted by
1	International Research Journal of Commerce	A Study on Working Capital Analysis with Special Reference to Seyadu Spinning Mills Ltd, Tirunelveli	2320-9461	Commerce Times
2	A Research Bulletin	The Impact of Management Strategies on The Performance of Small Scale Entrepreneurs	2347-7644	Sadakathullah Appa College
3	International Journal of Multidisciplinary Researches	Role Stress &Coping Strategies Among Bank Employees	2349-8684	Roots
4	Indo Global Journal of Commerce and Economics	Impact of Visual Merchandising on Impulse Buying Behaviour of Customers-With Special Reference to Retail Stores	2393-9796	The Kongu Regional Educational and Research Foundation

5	Sambodhi	Related Stress Among Women Professionals	2249-6661	SRM Institute of Science & Technology
6	Purakala	Stress Management - A Conceptual Framework	0971-2143	Rock Art Society of India
7	Studies in Indian Place Names	Work Stress Management and Emotional Wellbeing of Working Women	2394-3114	EDUINDE X

JOURNAL: (ISBN)

Sl. No.	JOURNAL	TOPIC	ISSN NUMBER	Conducted by
1	Changing Paradigms in Indian Business	A Comparative Study on Role Efficiency of Nurses in Private & Governement Hospitals	978-81-933882-0-4	NGM College
2	Less Cash Economy and Financial Inclusion	Financial Inclusion of Transgender in Tuticorin District	978-93-81723-66-1	V.H.S.N College
3	Impact Of M-Commerce in Global Business	Mobile Banking Usage Among Rural Customers	978-93-81208-36-6	Dhanapalan College of Arts and Science
4	Emerging Trends and Challenges in Indian Business Environment	A Study on Student's Prevalence and Perception Towards Mobile Learning	978-93-94734-20-6	St.John's College
5	India's Sustainable Post Pandemic Economic Recovery Strategies	A Study on Occupational Stress Among Women Professionals	978-93-91286-38-5	Manonmaniam Sundaranar University
6	Covid-2019 & Violence Against Women: An Urge for Empowerment	Women Empowerment Through Self Help Group in Tirunelveli	978-93-89507-82-9	Mayas Publication

JOURNAL: (SSCI)

Sl.No	JOURNAL	TOPIC	ISSN NUMBER	Conducted by
1	GEDRAG & ORGANISAT E REVIEW	Empirical Study on Factors Influencing Occupational Stress Among Women Professionals in Tirunelveli	0921- 5077	Scholarly Open Access Journal

SCOPUS:

Sl.No	JOURNAL	TOPIC	ISSN NUMBER	Conducted by
1	Central European Management Journal	Impact of occupational Stress on productivity and efficiency of women professionals	2974-2990	Central European Journal

PAPER PRESENTATION:

Sl.No.	PRESENTATION	TOPIC	CONDUCTED BY
1	International Conference on Advancement in Business in The Digital Era 2021	Factors Causing Stress Among Working Women and Strategies to Cope Up	Jamal Mohamed College, Tiruchirappalli.
2	7 th International Conference on Business Research	Work Work –Related Stress Among Women Professionals	SRM Institute
3	International Conference (Virtual Mode)	Work-Family Conflict and Work Stress Among Women Professionals	V.V.V College
4	International Conference on “Promotion of Cognitive Entrepreneurship: AI- powered Transformation”	Occupational stress among women professionals	Manonmaniam Sundaranar University, Tirunelveli
5	International Conference on Restructuring Global Economy- Post Pandemic Initiatives &Strategies	A Study on Occupational Stress Among Women Professionals	Manonmaniam Sundaranar University, Tirunelveli
6.	National Seminar on “Start-ups in India- opportunities and Challenges”	A study on Issues and challenges of start-ups in India	ST.Xavier’s College Palayamkottai

Participation in webinar /FDP	
TOPIC OF MEET	CONDUCTED BY
National Webinar On “Research Methodology & Statistical Analysis Using SPSS”	The New College, Chennai
International Online Workshop On “Multivariate Analysis and Its Interpretation Using SPSS”	Global Institute of Statistical Solutions (GISS)
National Webinar On “Gender Equality – Prerequisite for Sustainable Development”	Department of Commerce, Manonmaniam Sundaranar University, Tirunelveli.
National level webinar on “Social Entrepreneurship”	Kamaraj College, Thoothukudi.
A Two Days International Workshop on Restriction of Plagiarism	University Library, Manonmaniam Sundaranar University, Tirunelveli
Teachers Conference	The institute of Company Secretaries of India.
International Conference on Innovation & Intrapreneurship	Department of Commerce, Manonmaniam Sundaranar University, Tirunelveli.
One day International Conference on “Opportunities and challenges in Green Energy & Sustainable Development”	Nazareth Margoschis college at Pillaiyanmanai
Insurance and mutual funds courses	NSE Academy & Tamil Nadu skill Development
Research Metrics	Holy cross Home Science College
The power of positivity Approach in Teaching & Learning System of cultural Transformation	Hindustan College of Arts & Science
Mastering the Art of Research Methodology: Empowering the Faculty for Excellence	Rajapalayam Rajus’ College
Five-Days National level Faculty workshop cum Faculty Recharge Programme on “Innovative Teaching Strategies and Tools in the Digital Age”.	Progrezz Academic Training and Research Institute, Tamilnadu.

Publishing:

- Publishing Book by “Banking and Insurance” Published on November 2023 ISBN: 978-93-5762-284-4.
- Publishing Book by “Export import procedures and Documentation” Published on November 2023 ISBN: 978-93-5762-245-5.
