

HOLY CROSS HOME SCIENCE COLLEGE-THOOTHUKUDI
BEST PRACTICE FOR THE YEAR 2022-2023

1. Best Practice – I

Title of the Practice: Crossian Eco drive

Objectives of the Practice:

- To make students eco-conscious and prepare them to keep the environment cleaner and greener.
- To create awareness about environmental crises like pollution, global warming, deforestation, etc.
- To guide them about eco-concerns like sustainable sanitation and a healthy environment.
- Involve the students to actively participate in the environmental programs and celebrate environmental days like "World Ozone Day" to learn and realize the cautions.
- To make students conscious of sustainable development, Swatch Bharat Abhiyan and Swatchhata Ke Do Rang organized many campaigns to help them realize their duty as citizens.
- Involve student's right from their first years to take part in the activities of keeping our surroundings clean.

The context:

The need to safeguard nature's gift is one of the most vital things to be considered. Our college strives to imprint its contribution in saving and nurturing our Mother Earth in all aspects. Different kinds of waste, like solid waste, biodegradable waste, and non-biodegradable waste, pollute the soil, air, and surroundings. A small step from us is to create awareness about the segregation of both biodegradable and non-biodegradable waste and the correct procedure for disposing of solid waste by promoting the fertility of the soil. Cutting down the trees is also an indirect threat to the environmental crisis. Many saplings are planted and maintained on our campus to meet this need. The environment consists of humans, plants, and other living beings like animals and birds. Our college renders its help and support in the growth of pet birds like love birds.

The practice:

- Our College strives to render its help in all areas especially in saving and nurturing our environment. Waste management, Ozone depletion, global warming are the risks prevailing in our environment. We try to create awareness about this to the students as well as the society. One such plan is to take an initiative in cleaning up the parts of Thoothukudi like Muthunagar Beach and Buckle Canal project. Cleanliness and Sanitation is the prime goal of our practice. To meet these us as a team tried to collect the non-biodegradable wastes and dispose them in a proper way. The Department of

Fashion Designing and Eco club of Holy Cross Home Science College volunteered for the Clean-up drive. The drive aimed to remove all the non-biodegradable wastes like plastic covers, plastic straws, rubber, and thermocol.

- We introduced 'Waste Sorting Awareness Program' in college premises and nearby areas of our college and using their innovative notions, the student volunteers prepared wealth out of waste by using recyclable and non-recyclable waste products. Green and Blue were used to create three different types of trashcans that could hold both biodegradable and non-biodegradable waste. By setting up Selfie Booths (Banners) at various locations, the student volunteers of the clubs under this platform also raised public awareness about wet and dry waste. In this, college students were told the importance of the segregation of wet waste and dry waste. The students actively took part in cleaning the beach with banners. The students cleaned the beach garbage like plastic bags, wrappers, plastic bottles etc.
- The Rotaract Club of HCHSC staged a Rally and Cycle Rally on Environmental Protection as part of the celebration of World Ozone Day to educate people about ozone depletion and global warming. Owing to indiscriminate industrialization man has created a polluted environment. Before things spiral out of hand, steps should be made to stop these hazards from affecting human, animal, and plant life. There should be more trees planting. The Eco club is maintaining 20 love birds from the previous academic year. The love birds hatched three chicks in the fourth week of August 2022.
- To promote the healthy lifestyle in this fast changing world we planned to organize many programs in emphasizing the need for taking care of one's health. The students from all the disciplines including the Rotaract Club of HCHSC and Eco Club participated in a Walkathon to create awareness on health, fitness and current lifestyle.

Evidence of Success

- The students of Holy Cross Home Science College became aware of the ecosystem and biodiversity.
- Our students started practicing segregating the different kinds of waste, especially biodegradable and non-biodegradable waste, into separate garbage bins.
- The active participation of students inspired the public about the need for cleanliness, sanitation, and the efficient use of natural resources.
- The students also set an example for society by keeping the surroundings cleaner.
- The staff and students of our campus planted tree saplings to make the environment greener.

Problem encountered:

- Various problems were faced by the students while cleaning the beaches and other public spaces. Initially, it was challenging for the students to work together with the public because the public was unaware of the importance of a clean environment. It

was hard for the faculty to foster cooperation among the students and bridge the gap between them and the public. Gathering the students in a public place together and carrying out the work was also challenging. Insufficient funds for activities were also a problem faced by the Crossian Eco Drive. The regulation of this practice after the cleaning process cannot be monitored since it was a public place.

Resources:

Institution Resources



RALLY ON ENVIRONMENTAL PROTECTION



2. Best Practice – II

Title of the Practice: Crossian Kalai Kulu

Objectives of the Practice:

- To revive folk art, the heritage of culture
- To relish in the mesmerizing reflections of Tamil Culture.
- To deepen self-identity and better understand cultural differences.

Practice

- Crossian kalai kulu was formed
- Our students were trained by Dr. Shankar, Kalai Kulu regularly for three months on Parai, Oyilattam, Silambattam and Karakattam .

Evidence of success:

Art has the power to evoke emotions like passion, joy, excitement and connect listeners in a single line.

- Our students practiced and performed with great enthusiasm and devotion.
- They practiced and presented the art forms that serve as excellent representations of Tamilian history and culture in various colleges.
- Our students seized all the opportunities to present and revive the folk art before the general public.

Problem encountered:

Nil



Resources:

Institution Resources