

DEPARTMENT OF COMPUTER SCIENCE
STUDENT INDUCTION PROGRAMME (2021-'22)

Time Schedule

Date/Time	9:00a.m-9:55a.m	09:55a.m -10:50a.m	10:50 a,m – 11:45 a.m	11:45a m – 12:10 pm	12:10 p.m–1:05 p.m	1:05 p.m – 2:00 p.m
09.08.2021	Orientation Staff incharge : Mrs. R. Waheetha	Brain Storming Session Staff incharge : Mrs. R. AmeRayan	Eye – Relax Staff incharge : Mrs. Anbu Mary	Interval	Social Media Communication Skill Staff incharge : Mrs. R. Waheetha	Man Vz Money Group Discussion on Lockdown Crisis Staff incharge : Mrs. X. Della
10.08.2021	IQ Vz EQ Session on Emotional Intelligence Staff incharge : Mrs. R. Waheetha	Authentically Uniquely You Staff incharge : Mrs. X. Della	Digital Literacy Scope of Computer Science Ms. Santhiya Alumni		Word Hunt Staff incharge : Mrs. R. AmeRayan	Creative Design with Canva Staff incharge : Dr. N.N. Krishnaveni
11.08.2021	The Power of Woman Debate on Women Empowerment Staff incharge : Mrs. R. Ame Rayan	Impact of COVID 19 towards Sustainable Development Goal Staff incharge : Mrs. X. Della	Eat Right Food Not Less Food Diet Counselling Staff incharge : Mrs. Mari Thangam		IoT in Power Staff incharge : Mrs. R. Waheetha	Real World Case Study A Newspaper Review Staff incharge : Mrs. X. Della
12.08.2021	Idea Camp Awareness session on IPR Staff in charge : Dr. N.N. Krishnaveni	Get! Set! Go! Session on Soft Skills Staff incharge : Mrs. R. Waheetha	Purely Traditional Art & Culture of Tamils Staff incharge : Mrs. Magleena Deborah		Know Your Rights Resource Person: Mrs. Narmadha Advocate	Live Play! Kahoot Staff incharge : Dr. N.N. Krishnaveni
13.08.2021	My Dear Life ! A Session on Stress Management Staff incharge : Mrs. R. AmeRayan	Weeds to Seeds Transition towards Positive Attitude Staff incharge : Mrs. X. Della	Reduce!Re-Use!Re-Cycle Recycling Textile Waste Staff incharge : Ms. Meenakshi		Long Long ago.. Video show - Short Film shoot by students	"The Show Case" Evaluation: Feedback by II & III year Students

Student Attendance (Student Induction Program) for the year 2021 - 2022

II B.Sc. Computer Science

Sl. No.	Reg. No.	Name of the Student	09.08.21	10.08.21	11.08.21	12.08.21	13.08.21
1	20202081506201	Agalya	x	x	x	x	a
2	20202081506202	Baby Sneka B	x	x	x	x	a
3	20202081506203	Chitra C	x	x	x	x	a
4	20202081506204	Durga Devi S	x	x	x	x	x
5	20202081506205	Esakkiammal M	a	a	a	a	x
6	20202081506206	Evangeline JeyaSeeli G	x	x	x	x	x
7	20202081506207	Indhumathi	x	x	x	x	x
8	20202081506208	Jerlin P	a	a	a	a	a
9	20202081506209	Kavitha A	x	x	x	x	x
10	20202081506210	Leelavathi G	x	x	x	x	x
11	20202081506211	Mary ansBeaula corera	x	x	x	x	x
12	20202081506212	Muthu Bhagyalakshmi	x	x	x	x	x
13	20202081506213	Muthumeena M	x	x	x	x	x
14	20202081506214	Pavithra	x	x	x	x	x
15	20202081506215	Petricia A	x	x	x	x	x
16	20202081506216	Rajadurga M	x	x	x	x	x
17	20202081506217	RajaNisha A	x	x	x	x	x
18	20202081506218	Ranjani P	x	x	x	x	x
19	20202081506219	Reema M	x	x	x	x	x
20	20202081506220	Reeta Varthini	x	x	x	x	x
21	20202081506221	Reethika Selvam	x	x	x	x	x
22	20202081506222	Sangeetha.S.R	x	x	x	x	x
23	20202081506223	Santhiya S	x	x	x	x	x
24	20202081506224	Sharmila M	x	x	x	x	x
25	20202081506225	Swetha	x	x	x	x	x
26	20202081506226	Vishalatchi P		2	2	2	4
No. of Absentees			X.D	X.D	X.D	X.D	X.D
Initial							

HOLY CROSS HOME SCIENCE COLLEGE,THOOTHUKUDI
DEPARTMENT OF FASHION DESIGNING& APPAREL MAKING
STUDENTS INDUCTION PROGRAMME TIME TABLE 2021-2022

I Year

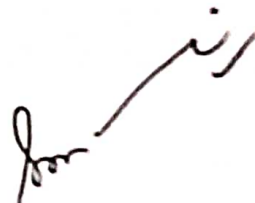
Date	9.30-10.15 am	10.15-11.00am	11.30-12.30pm
09.08.2021	Inagural speech Rev. Dr.Sr.Mary Gilda	Preparatory speech HOD and staff Members	Painting techniques Ms. V.Aarthi
10.08.2021	Educational Guidance and counseling for students Staff members	Introduction to fashion Ms .V.Aarthi	Sustainable business model in fashion Dr.Jaya Priya
11.08.2021	Soft skills required for fashion designing Ms.N.Meenakshi	Introduction to textiles Ms. Suba sri	Glass Painting Mrs.Jennifer
12.08.2021	Motivational trainer Ms .V.Aarthi	Inspiring Designers in the industry Ms.V.Aarthi	Scope of fashion designing Ms.N.Meenakshi
13.08.2021	Evaluation of Induction Programme		

II Year

Date	9.30-10.15 am	10.15-11.00am	11.30-12.30pm
09.08.2021	General counseling Ms.N. Meenakshi	Importance of self grooming Ms .V.Aarthi	Scope of fashion designing Ms.N.Meenakshi
10.08.2021	Inagural speech Rev. Dr.Sr.Mary Gilda	Soft skills required for fashion designing Ms.N.Meenakshi	Sustainable business model in fashion Dr.Jaya Priya
11.08.2021	Introduction of Textile industries Ms.M.P.Anjumol	Inspiring Designers in the industry Ms.V.Aarthi	Basic crochet Ms. V.Aarthi
12.08.2021	Motivational training Ms.V.Aarthi	Introduction to textiles Ms. Suba sri	Painting techniques Ms. V.Aarthi
13.08.2021	Evaluation of Induction Programme		

III Year

Date	9.30-10.15 am	10.15-11.00am	11.30-12.30pm
09.08.2021	General counseling Ms.M.P.Anjumol	Scope of Higher Education Ms.N.Meenakshi	Portfolio management Ms.V.Aarthi
10.08.2021	Job opportunity in textile industry Ms. Suba sri	Importance of self grooming Ms .V.Aarthi	Sustainable business m in fashion Dr.Jaya Priya
11.08.2021	Inagural speech Rev. Dr.Sr.Mary Gilda	Boutique Management Ms .V.Aarthi	Soft skills required for fashion designing Ms.N.Meenakshi
12.08.2021	Motivational trainer Ms. Suba sri	Placement coaching Ms.V.Aarthi	Machine embroidery Ms. Kanga Paramesh (Alumni)
13.08.2021	Evaluation of Induction Programme		



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HOD

Dept. of Fashion Designing & Appare
Holy Cross Home Science Col
Thoothukudi - 628 003

Holy Cross Home Science College
Department Of Fashion Designing And Apparel Making

Duration:45 mins

Pre-Evaluation

Date: 09.09.2021

1. What is the capital city of France?
2. Which African country is very famous for chocolate?
3. What are the four metropolitan cities of India?
4. Char Minar is located in which city?
5. Which is the largest state of India? What is the name of the acid found in lemons?
6. Ornithology is the scientific study of?
7. Which organ performs blood purification in the human body?
8. The L.C.M. of two numbers is 48. The numbers are in the ratio 2 : 3. Then the sum of the number is:
9. "His new apartment's nice, but it's a bit small." How many adjectives are there?
10. An adjective is a word that tells us more about
11. In the language of grammar, adjectives _____ nouns.
12. A word that connects two parts of a compound sentence
13. A fixed expression that is not intended to be understood word for word
14. What does GIF stand for?
15. How many hearts does an octopus have?

Holy Cross Home Science College
Department Of Fashion Designing And Apparel Making

Post-Evaluation

Date: 13.09.2022

Duration: 45 mins

1. Which of the following enables shoppers to try on clothes to check for size, fit or style, virtually rather than physically?

- ☐ Social fashion
- ☐ Wholesalers
- ☐ Fashion businesses
- ☐ Virtual fitting rooms

2. Which of the following can be defined as companies and individuals which are concerned with the design, production or distribution of textiles and apparel goods?

- ☐ Fashion forecasters
- ☐ Target market
- ☐ Fashion business
- ☐ Fashion cycle

3. During which stage of the fashion life cycle are consumers no longer willing to pay full price for fashions?

- ☐ Decline
- ☐ Peak
- ☐ Rise
- ☐ Introduction

3. During which stage of the fashion life cycle do consumers reject the merchandise?

- ☐ Obsolescence
- ☐ Introduction
- ☐ Adoption
- ☐ Peak

4. Which of the following categories of clothing contains garments which are custom, made-to-order garments for a customer?

- ☐ Bridge
- ☐ Fast fashion
- ☐ Couture
- ☐ Moderate

5. What percentage of total global greenhouse gas emissions are produced by the fashion industry?

Holy Cross Home Science College
Department Of Fashion Designing And Apparel Making

- Less than 1%
- 5%
- 10%
- 15%

6. How many liters of water does it take to make 1 pair of jeans?

- 52 liters
- 476 liters
- 1,028 liters
- 3,781 liters

7. What percentage of clothing is recycled?

- 50%
- 33%
- 10%\
- Less than 1%

8. Which of the following fabrics releases microplastics when it's washed?

- Polyester
- Cotton
- Linen
- Silk

9. What are the Contents of Portfolio

- Inspiration
- Theme
- Mood Board
- All the above

10. What should be emphasized in a portfolio

- Focus on content
- Highlight
- Attractive
- Emphasize skills and abilities

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Department Of Fashion Designing And Apparel Making

11. List the Source of Inspiration for developing a Portfolio?

- Music
- Nature
- Travel
- All the above

12. Which is NOT included in the textile industry?

- producing
- manufacturing
- distributing
- growing of crops

13. What are the two major categories of fabric?

- natural and dyed
- natural and synthetic
- synthetic and man-made
- man-made and hand picked

14. Which one of these is not a natural fibre from a plant or animal source?

- Cotton
- Wool
- Silk
- Linen
- Viscose

15. What is the process called that changes fibres into yarn?

- Knitting
- Bonding
- Spinning
- Weaving
- Felting

DEPARTMENT OF FASHION DESIGNING AND APPAREL MAKING
STUDENTS INDUCTION PROGRAMME
STATEMENT OF MARKS (2021-2022)

S.NO	NAME OF THE STUDENTS	PRE-TEST (15)	POST TEST(15)
1.	Agnes Yuhana N	13	14
2.	Alphina P	14	14
3.	Anantha Selvi S	12	15
4.	Angel S	15	15
5.	Anitha U	14	14
6.	Anna Poorani S	13	13
7.	Annai Jansi A	11	12
8.	Aruna N	15	15
9.	Aruna Lakshmi M	15	14
10.	Beulah Hepzibah M	12	11
11.	Bhuvaneshwari P	10	12
12.	Cathrine A	13	14
13.	Devi Bala	12	14
14.	Deviya J	15	15
15.	Durga R	14	15
16.	Esakki Thangam E	15	14
17.	Esakkimuthulakshmi M	13	14
18.	Hannah Deepthi V	14	12
19.	Helina Evanjaline S	14	15
20.	Iruthaya Aswathi K	12	14
21.	Jayasri J	13	14
22.	Jeba Violet I	09	10
23.	Jenifer M	10	12
24.	Jesi Mariyal A	14	14
25.	Jesina A	13	15
26.	Jeya Kumari G	12	14
27.	Joncy J	14	15
28.	Jones Victoria S J	14	14
29.	Juli Great N	13	12
30.	Lavanya V	13	14
31.	Lifty Jackline R	13	12
32.	Mariammal M	12	12
33.	Merlin Rose V	14	15
34.	Nithiya Kalyani S	12	13
35.	Preethi S	14	14
36.	Priya S	13	12
37.	Priyanka A	14	15
38.	Raja Dharshini P	14	14
39.	Raja Shree P	12	11

DEPARTMENT OF FASHION DESIGNING AND APPAREL MAKING
STUDENTS INDUCTION PROGRAMME
STATEMENT OF MARKS (2021-2022)

40.	Selvarajeshwari B	13	13
41.	Sesu Maria Anslin A	14	14
42.	Smila L	11	12
43.	Snow Sherlin S	13	15
44.	Solaikani S	11	12
45.	Srinithi N	14	15
46.	Vaishnavi C	12	14
47.	Vijaya Kumari V	12	11

I B.Sc

INAUGURAL MESSAGE (September 9, 2021)

The purpose of the Student Induction Program is to help new students adjust and feel comfortable in the new environment, inculcate in them the ethos and culture of the institution, help them build bonds with other students and faculty members, and expose them to a sense of larger purpose and self-exploration.

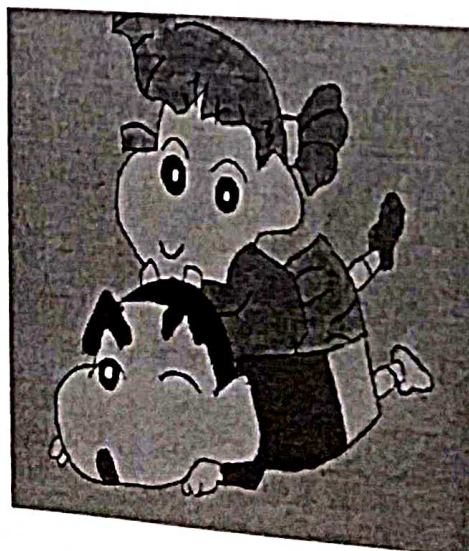
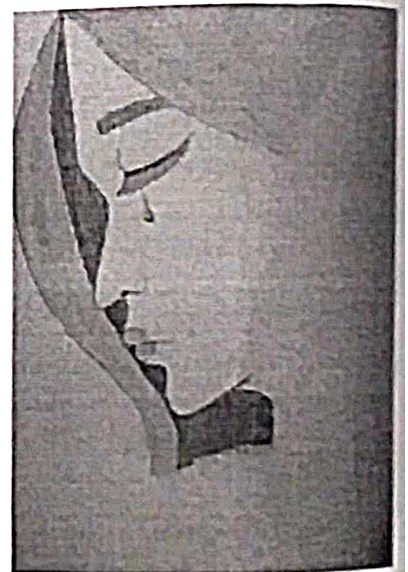
The department engaged new students through a virtual Student Induction Program (online) as soon as they united the department; the government has yet to announce the start of regular classes. Our Secretary and Principal, Rev.Dr.Sr.Mary Gilda, presented an inauguration speech to our department's new arrivals (I B.Sc) on September 9, 2021, to discuss the complete process by which the new entrants acclimatise to their new tasks and environment. To put it another way, it was a well-organized event aimed at educating newcomers about the environment and connecting them with others. The new entrants were informed about the institutional policies, processes, practises, culture, and values at the outset of the induction, and their mentor groups were formed.

To get out of this lockdown situation, a multi-pronged approach is required. The department had to work closely with the newly enrolled students to make them feel at ease, to allow them to explore their academic interests and activities, to reduce competition and encourage them to strive for excellence, to promote student bonding, to build teacher-student relationships, to provide a broader perspective of life, and to develop character. When new students enter a college, they bring a wide range of ideas, backgrounds, and preparations with them. They are entering an unknown environment, and many of them are not familiar with our institution. To make ease at home, our principal had conversation with the students. Approximately 46 students from the I B.Sc, (FDAM) programme attended the session.

PAINTING TECHNIQUES (9 and 12 September 2021)

When painting, working in layers can help to break down what someone is trying to do and make it more achievable. During the period of induction on September 9, 2021 to the I B.Sc and B.Sc students of FDAM, Ms.V.Aarthi, Assistant Professor of the department, will engage new entrants to deal with painting techniques.

She taught several forms of painting and the techniques used in them. She also explained that painting ensures that the incorrect colours mix together, thus knowing when to wait and sections dry before applying more paint is crucial. Painting the background in first is an excellent place to start.. She also went over colour spectrum layer by layer, as well as how to blend complementing colours together when they are wet, she described. A total of 81 people profited from the session.



EDUCATIONAL GUIDANCE & COUNSELLING FOR STUDENTS (September 10, 2021)

Guidance and counseling is the process, which helps the students to know their skills, interests, personality that will help students in further career selection. Guidance is the process in which person able to know their ability, interest, a capacity that will help in the encounter of problems faced by them and is the process of a dynamic interpersonal relationship that is prepared to influence the person's attitude and follow-up behavior. Counseling is the sharing of thoughts, reciprocal logic and guidance between groups or two. Therefore, now the question is how guidance and counseling are related to college going students.

Ms.N.Meenakshi, Ms.V.Aarthi, and Ms.M. M. Subasri, Assistant Professors of the department, provided a detailed lecture on Educational guidance and counseling to all the department studentson September 10, 2021.

Students are very focused on their academic success, according to Ms.N.Meenakshi, but they never evaluate themselves because they have not investigated colleges. Rather than analyzing themselves, they chose/planned their vocation based on the expertise of others. She barbed out that it is obvious that if I am a Fashion Designer, definitely I will suggest for designing because I have expertise in this field only. Same is applicable for Doctor, Lawyer, designer etc. Here, students made mistakes during the selection of streams and career. Due to this reason, self-assessment is very important, she added.

The earlier trend was not quite often, because there were the limited scope and limited options but in recent days, scope and career options are quite broad that cannot be explored easily, then the trend of self-assessment came into existence and treated as very important. By self-assessment, students can be able to know about their interest area, abilities, personalities,

analytical level, and suited work styles. These factors play a significant role in stream and career selection.

She also remarked that in today's world, most students feel depressed as a result of a professional decision. The simple and straightforward cause is a lack of awareness of current trends and advances, as well as available streams, and an inability to recognize oneself. She noted that she has noticed firsthand that students who excel in academics may be class leaders, but when it comes to making career decisions, they frequently make the wrong choices.

Students will be able to learn more about themselves and more easily deal with the challenges they confront in everyday life with the help of advice and counselling. As a result, guidance and counselling have emerged, and the trend is growing by the day. Ms.V.Aarthi stated that the counselors/experts have extensive knowledge of current trends and developments, available streams, and aspects that have a significant impact on professional decision-making/planning.

This, according to Ms.M. M. Subasri, is critical for a bright and successful future. Identification of interests, abilities, and personality traits will assist students in recognizing their strengths and identifying their strong zones, which will make it easier to enhance their skills. It has been scientifically established that those who are strong in a particular area have a strong desire to learn more about that profession and find it easier to establish a career in that industry. She concluded that, given the present trend, college students need advice and counselling to identify their strengths and weaknesses, as well as work on their strengths and areas of interest, in order to achieve great things in the future. Totally, the programme benefited 45 students.

INTRODUCTION TO FASHION (September 10, 2021)

Ms.V.Aarthi gave a talk to all of the department's first-year students on September 10, 2021, titled "Introduction to Fashion." She began the session by discussing Charles Frederick Worth (13 October 1825 – 10 March 1895), an English Fashion Designer who founded the House of Worth, one of the most prestigious fashion houses of the nineteenth and early twentieth century.

She went on to say that, fashion designers might make clothing in a variety of ways, including sketching or drawing a pattern on paper to make a basic prototype. Some designers may prefer to drape fabric over an existing dress form. The pattern creator, on the other hand, must be meticulous in the production of the garment. The phrase 'design concept' is occasionally used interchangeably with the terms 'inspiration' or 'starting idea' by fashion designers. In the domain of apparel design, a 'design concept' is the depiction of a designer's abstract notions of ultimate entities, such as garments.

She also went into detail regarding fashion. The silhouette, detailing, texture, and colour are all important elements. The overall form, shape, or contour of a costume garment is referred to as silhouette. In addition, she highlighted the eight elements of design. All visual designs are composed of eight elements (Point, Line, Shape, Form, Tone, Texture, Color, and/or Text). These elements are combined and arranged to create a desired visual appearance.

She spoke about the goals of a fashion designer, stating that successful designers prioritize predicting consumer trends in their work. Designers research current consumer trends to determine which demographics are most likely to buy their apparel. She included examples such as how some designers focus on teen girls while others focus on business professionals, as well as the seven steps in the Professional Design Process: Study the Client Brief, Research, Research, Research, Brainstorm, Sketch, Concept Development, Revisions, and Completion. In total, 45 students attended the talk and benefited from it.

WEBINAR ON SUSTAINABLE BUSINESS MODELS IN FASHION(10,September 2021

Sustainable fashion (also known as eco-fashion) is a movement and a process that aims to improve the ecological integrity and social justice of fashion goods and the fashion sector. Fashion textiles and products are only one aspect of a sustainable fashion strategy.

The most common definition of sustainability is meeting current needs without jeopardising future generations' ability to meet their own. It is built on three pillars: economic, environmental and social factors.

Sustainable business models allow social entrepreneurs to create social value and maximise social profit; of particular importance is the business models' potential to operate as a market device, assisting in the creation and expansion of markets for socially beneficial inventions.

On July 26, 2021, the Department of FDAM hosted a Virtual Webinar on Sustainable Business Models in Fashion for I B.Sc, II B.Sc and III B.Sc students of our department to raise awareness among the younger youths in order to emphasise the importance of sustainable fashion in order to preserve water and minimise pollution. The event began with the guest speaker being introduced by Ms. N.Meenakshi, Assistant Professor of the department.

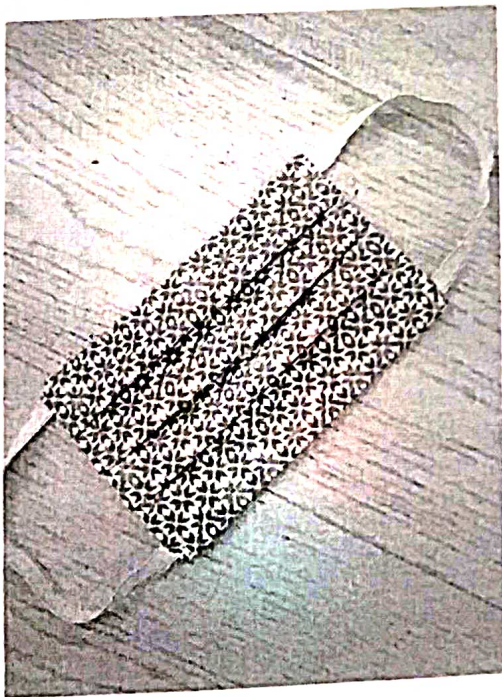
Following that, Rev.Dr.Sr.Mary Gilda, Secretary & Principal, introduced the chief guest. The discussion was chaired by Dr.S. Jayapriya, Assistant Professor, Department of Costume Design and Fashion. She concentrated on the three R's: Reduce, Reuse, and Recycle. How can we limit the amount of clothing we reuse and recycle? How can the fashion business reduce waste? -she stated in steps. She also provided ideas for the 3Rs: How to look attractive while not harming the environment.

These firms' production materials and fabrics, such as linen, hemp, and organic cotton, are either natural, renewable, or recycled materials that require little to no water during the manufacturing process. She also remarked that the rise of fast fashion has decreased the life cycle of our clothing. Naturally, customers are more eager to get rid of lower-cost things than higher-cost items. Clothing's quality and value deteriorate as it grows cheaper and cheaper. These two variables have contributed to a 40 percent increase in textile waste between 1999 and 2009.

Clothing should never end up in landfills, but recycling clothing should be considered a last alternative for the environmentally aware customer. Our apparel should be reduced, reworn, and repurposed. Then, once everything else has failed and our clothes have lived a long and happy life, recycle them. Reduce, Rewear, Reshape, and Recycle were the 4Rs that the speaker reconditioned. And she ended up giving the following advice to the attendees of the event: "Every clothing item has a lifespan." You can ensure that your closet has a long life if you are a savvy customer.

Reduce your purchases to only those you know you will like, rewear your clothes with care and inventiveness, and repurpose items to extend its life. You will be saying goodbye to a well-loved friend, not a rapid fashion trend, by the time you reach the recycling stage.

The department's students contributed well with the speaker and asked for clarification on a number of points. The students provided positive feedback on the session. Ms.V.Aarthi, Assistant Professor of the department, proposed a vote of gratitude at the end of the event. The webinar benefited 104 participants.



SOFT SKILLS REQUIRED FOR FASHION DESIGNING (September 11 & 10, 2021)

This class began with an overview of soft skills in the institution and current workplace. In 2021, Ms.N.Meenakshi, Assistant Professor of the Department, lectured about the importance of soft skills for I B.Sc and II B.Sc (FDAM) students. She emphasized the importance of soft skills in enabling us to have meaningful connections with others. Because most careers require teamwork, it is critical to have soft skills in order to improve employability and obtain a student's dream job, particularly for Fashion Designers. It would assist us in increasing our career productivity, developing professional relationships, and thriving in our jobs. Today's employers seek candidates who can perform their jobs well but who can also fit into the company culture and interact with other employees. In order to do these things successfully, students need to develop soft skills.

She focussed on how to develop soft skills and she advised that they could also keep practicing the following habits to enhance them. She gave tips for the students in relation to few excerpts were : Aim to be heard- To communicate effectively, it is essential that they are mindful of the other person's wishes and sensibilities, Make eye contact during face-to-face interactions. Monitor your body language and observe others. She also added that the students must be very conscious of their body language when they interact with others. Practice public speaking: If a student feels uncomfortable with public interactions, try speaking in front of a mirror. With practice, their speech would flow more naturally. Work on your listening skills: Being a good listener to be a good communicator. She explained that she must be aware of the urge to interrupt someone when they were talking. Always let the other person finish before putting her point across. Improve your written communication: Anything she writes should be clear and concise and made the reader understand her point of view. A total of no. of 82 participants existed in the session.

INTRODUCTION TO TEXTILES (September 11 & 12, 2021)

Many questions would have been on the minds of students and their parents as part of the introduction programme. Ms.M. Subasri, Assistant Professor, Department of FDAM, explained why students need to know. What is textile research? To the I B.Sc (FDAM) students, every fashion designing student must know about Basic Textile Terms such as Fibre and Yarn. She explained the significance of textile-related research. Textiles are utilised to insulate our homes from the heat and cold. The furniture we sit and sleep on is made up of a variety of textile goods. Roofing materials, wire covers, wall coverings, blinds, air ducts, and window screens all use textiles. She clearly explained that how it connects to fashion. There is no fashion without fabrics. Fashion is a dynamic worldwide sector that plays an essential part in the economic, political, cultural, and social lives of an international audience, thus students should be aware of it. It is a significant aspect of material and visual culture, spanning high art and popular culture. Furthermore, she explained why the textile business is so crucial to our country. She went on to say that the textile industry plays an important part in the Indian economy, employing an estimated 35 million people directly, contributing 4% of GDP, and accounting for 35% of gross export revenues. The textile sector contributes 14 per cent of the value-addition in the manufacturing sector. In total, 46 no. of partakers took part in the awareness program.

GLASS PAINTING (September 11, 2021)

Though various glass-painting techniques have appeared throughout the centuries, the majority of them are just minor modifications on traditions that date back to the Middle Ages. Glass painting was demonstrated to the I B.Sc (FDAM) students by the department. Mrs. Jennifer, the lab's Skilled Assistant, demonstrated glass painting. She offered an overview of glass painting, stating that it was one of the first ways for creating beautiful glass artworks, and that stained glass, for example, is still used today. The technique entailed colouring the glass.

With the development of glass paint that could be applied to the artwork, this mediaeval technique was broadened, allowing for the addition of details to the colourful base. The paint came in a variety of black and brown tints, with the shade varying depending on the amount of iron oxide employed in their production. Ordinary art brushes were used to add delicate details, but mediaeval artists sometimes employed sticks and quills to smear the lines and produce a rougher look. This glass staining technique is still in use today, but it has undergone some changes. It still replaces lead, and colours are available in more than two hues. The demonstrator explained that enamels may be placed in layers and fired multiple times, giving the artist more control over the colours, making them less see-through, smoother, and brilliant for more complicated designs. The session was attended by 43 students from the I B.Sc, (FDAM) programme.



MOTIVATIONAL TRAINING (September 12, 2021)

Motivation is a central part of a student's educational experience from precollege onward, but it is has received scant attention amid an education reform agenda focused mainly on accountability, standards and tests, teacher quality, and college management. Education reform could benefit from a robust conversation about the overlooked element of student motivation. Almost everyone knows someone who overcame early hardships to achieve an impressive level of success in college and later life. Most of us also know young people with great early promise who were lackadaisical students and floundered after leaving college. Often the crucial factor that accounts for cases like these is the students' own motivation to learn.

Mr.Kalyan, a Motivational Trainer and guest speaker of the day's session. She initiated with motivational training that focused on self-motivation strategies based on a set of excellent norms. Employees are able to push themselves and achieve personal goals as a result of this. She emphasised the need of pupils developing their own motivation, and she offered several suggestions. Incorporate training into the culture of the company. Keep it interesting by providing regular feedback. Make your subject instruction meaningful to the individual by contextualising it. Recognize their skills while identifying their strengths and emphasising their long-term future prospects. She mentioned that these are the eight ways to motivate ourselves. She also suggested that Simple Ways to Increase Motivation in the Workplace such as Recognize great work, Set small, measurable goals, Celebrate results, Stay positive, Stay fueled, Take regular breaks, and Stay healthy and so on. Eleven students were interacted with the speaker. Totally, 102 students form I, II and III B.Sc (FDAM) successfully attended and benefitted by the lecture.

INSPIRING DESIGNERS IN THE INDUSTRY (September 12 & 11, 2021)

Where Do Fashion Designers Find Sources for Inspiration? Ms. V. Aarthi, Assistant Professor of the department started her lecture with the question. She stated that it is all fun and particularly; it gives a wide choice of colors in combinations you could have never imagined. Fashion designers would be crazy not to use it – and so they are using it heavily. Following the Japanese Culture and Ms. Aarthi questioned the students- Have you ever wondered why Japanese models are so popular in fashion collections? Again, she explained that because designers get inspired by the Japanese culture in general. It is rather interesting you cannot argue that, she furthered, the Japanese fashions, the patterns, the colors, the hair styles are so different from what we have here in the western world that the temptation is too great to walk by. The whole atmosphere is mesmerizing for a western person. Next, of course, she mentioned Architecture-some architectural sights are so elegant that they could easily inspire a few items of clothes or at least a combination of colors. No, it is not about haute couture collections that are designed for advertising purposes only. Architecture is a noble art and it sometimes offers elegant lines and airy silhouettes that are perfect for catwalks. She promoted the students that the point is, sources of inspiration are usually all around you, and fashion designers know it well. She told the students to note that next time they see an impressive collection, try guessing what inspired the designer. She betted them, it would be something from the list above, she clinched. Totally, 80 students from I B.Sc and I B.Sc(FDAM) successfully attended and benefitted by the lecture.

SCOPE OF FASHION DESIGNING (9 and 13 September)

The Indian fashion industry is estimated to be around 108 billion dollars and is expected to grow 2X by next year and to be estimated to be around 223 billion dollars. It is also an encouraging factor that consumers spend around 6% of their incomes on apparel. As a professional fashion designer, you can work in areas like designer wear production, fashion marketing, planning and concept management. Then there is fashion media, design production management, fashion accessory design, quality control and promotion of brands. Fashion designing is one of the extremely lucrative and glamorous career option and opens a world of opportunities for anyone with a passion in this field. Today one may choose to specialize in any one of the sub-fields of fashion such as Apparel designing, Jewellers designing, Accessory designing. The options are limitless! The job of a fashion designer is very demanding which involves meeting daily deadlines, travelling dusty roads to reach the local markets for procuring material, dealing with workers and managing a team effectively. Talented people in this domain enjoy glamour, success & high compensation.

Ms.N.Meenakshi, Assistant Professor of the department commenced her introductory lecture with this outline for I B.Sc and II B.Sc (FDAM) students. However, the present II B.Sc students might not also be aware of the job opportunities available for them due to lockdown. This pandemic period made staff and students to interact with through online. That was a negative feedback from both of us. In order to furnish the details on scope of fashion designing, the department was conducted this induction for all the students of our department. She advised the students, if you want to pursue a career in this industry, you would have to work harder and develop several other skills. It is not only about getting a Bachelor's degree in Fashion Design but also acquire knowledge about Visual Arts, General Design and even Graphic

Design. Garment and textile export houses, Textile and fabric manufacturing units, Branded fashion showrooms, Television and Film Industry, Boutiques, Retail Chains, Independent, self-employed fashion designers, Teaching in an institute that offers courses in fashion designing, Retail Manager, Fashion Stylist, Textile Designer like this lot of opportunities available for the students those who are studying fashion designing. The designers have varied options including designing, research, cloth production, textile designing, etc. They may join fashion houses/manufacturing/export units for a paid job or launch their own label in market. Totally, 84 students from I B.Sc and II B.Sc (FDAM) successfully attended and benefitted by the lecture.

GENERAL COUNSELLING (9 September, 2021)

The department would like to offer **General Counseling** to the II B.Sc (FDAM) students as a part of the programme. Ms.N.Meenakshi, Assistant Professor of the department outlined about the topic of the day. It was decided by the department to provide same counseling to the students of III B.Sc (FDAM) by Ms.M.P.AnjuMol, Assistant Professor of the Department.

Few excerpts given by the staff members were:

Personal and psychological problems interfere with innumerable aspects of a student's life, causing significant impairment and distress. College students must adapt to environments plagued by rapid change, ambiguity, uncertainty, and depleted support systems. Students must also cope with a myriad of personal and psychological problems that range from basic adjustment and developmental, academic and learning, and career concerns to clinical-level mental illness.

Our college always confront the daunting task of serving the needs of a highly diverse campus. Within this environment, personal and psychological counselling incorporates an expanded interpretation of its role and responsibility through moral science classes and mentor ward system. Encouraging student interactions with academic advisers, faculty, and campus learning centers significantly strengthens a student's chances of being successful and contributes to a student sense of academic and social connection. The department provides a comprehensive view of counselling within higher education reveal a set of role domains that include psychotherapy, career, academic and learning, and educational and psychological outreach. This holistic view of counselling enables services to reach and assist a vast majority of the student community while contributing to an environment of support and encouragement. The department knows that the students arrive on campus with personal and psychological problems centered on dysfunctional family situations; anxiety around social, academic, and career concerns; and mental health issues. For many students, transition and adjustment to college is marked by debilitating stress and anxiety. The department gained such significant relationships is positively associated with changes in students' occupational values in previous years, Ms. Meenakshi added. Totally, 37 students from II B.Sc (FDAM) successfully attended and benefitted by the lecture.

IMPORTANCE OF SELF-GROOMING (9,10,11 September,2021)

Understanding the significance of self-grooming, the department would like to create awareness about grooming and to highlight the opportunities in this field. Ms.V.Aarthi, Assistant Professor of the Department hosted the session. She commenced with importance of personal grooming. She stressed that to be able to function and fit-in in today's society, everyone must make sure their personal grooming is up to the standards. Job opportunities, relationship possibilities, and invitations to parties and other social events are all inextricably linked to how they present themselves to the domain. Grooming is simply one of those things that there is no excuse not to take time and effort with. Because the physical appearance of a person affects overall personality. It boosts self-confidence and self-esteem. Hence, grooming as a career has endless possibilities both in terms of earning potential and variety, she furthered. The feedback given by the students were the session on personal grooming increases their self-confidence and they expressed that surely it would give them modern look. Their attitude towards personal grooming was highly influenced by personal and life style factors. Majority of the students expressed that they would do hairdressing, threading, and going to beauty parlours before attending the marriage functions.

No. of Participants: Around 102 students of I B.Sc, II B.Sc and III B.Sc (FDAM) were part of the session.

II B.Sc

INAUGURAL MESSAGE (September 10, 2021)

The department engaged with the II B.Sc students through virtual Student Induction Program (online) as soon as they promoted to the II year; start of regular classes not announced by the government yet. An inaugural speech was given by our Secretary and Principal Rev.Dr.Sr.Mary Gilda to the II B.Sc students on September 10, 2021, to describe the papers in the II year. At the start of the induction, recapped the II year students about the institutional policies, processes, practices, culture and values and their counsellor groups formed previous year.

To come out of this lockdown situation, a multi-pronged approach is needed. The department were having to work closely with the students in making them feel comfortable, allow them to explore their academic interests and activities, reduce competition and make them work for excellence, promote bonding within them, build relations between teachers and students, give a broader view of life, and build character. Through proper guidance, students learn to appreciate others. A proper counselling can help students talk openly about their issues. Group counselling were also given and it makes them more aware about their choices and goals. They were insisted to make better choices in college as well get mentally prepared for the future life. No. of Participants: Around 38 students of II B.Sc, (FDAM) were part of the session.

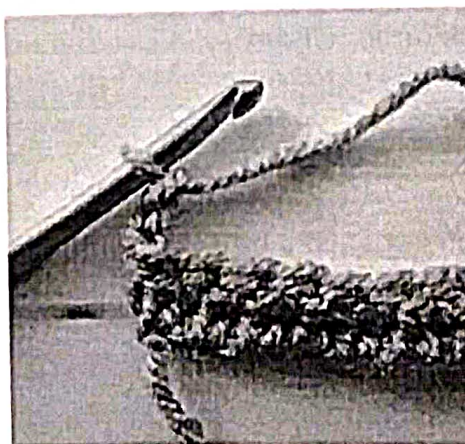
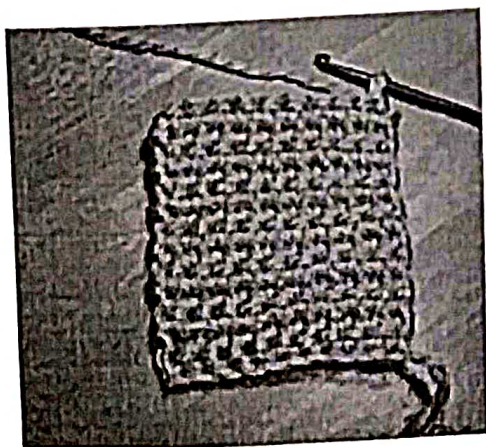
INTRODUCTION TO TEXTILES INDUSTRIES (September 11, 2021)

Many doubts would have arisen in the minds of pupils and their parents as a result of the induction procedure. Ms. M.P. Anju Mol, the department's Assistant Professor, explained why students need to know this information. What is textile research and what is the purpose of it? To the II B.Sc (FDAM) students, every fashion design student should be familiar with Basic Textile Terms such as Fiber and Yarn. She explained why textiles are so important. In order to keep our homes warm and cool, we utilise textiles. Textile items make up the furniture on which we sit and sleep. Roofing materials, wire covers, wall coverings, blinds, air ducts, and window screens are all made from textiles. No. of Participants: Around 37 students of II B.Sc (FDAM) were part of the session.

BASIC CROCHET (11 September,2021)

The chain stitch is frequently the first stitch learned by new crocheters. Because chain stitches are the foundation of most crochet creations, they are one of the most crucial basic stitches students will need to learn. Crocheting has the benefit of regulating hormone levels. Repetitive activity causes more serotonin to be released, which promotes mood and tranquilly. Knitting or crocheting could lower cortisol levels in the blood, which is a stress hormone. Learning new abilities and movements can help to establish and strengthen new neuropathways. One of the reasons crochet is being so relaxing is because it would allow us to achieve mindfulness, the state of being in which we are fully immersed in the present moment. This gives the mind a much-needed break from worries about the past and future, allowing the brain and body to both rejuvenate themselves.

It is critical to learn crocheting during this pandemic period in order to relieve stress. It also offers numerous advantages. Ms.V.Aarthi, Assistant Professor of the department, was invited to teach Basic Crocheting to the II B.Sc (FDAM) students. The event took place on September 10th, 2021. The department identified the necessary resources for students to bring on that day and informed them ahead of time. Students were taught several sorts of crocheting and techniques by the demonstrator. The students enthusiastically learned various skills from the skill trainer and provided excellent feedback. The session was attended by around 36 students from the II B.Sc, (FDAM) programme.



III B.Sc

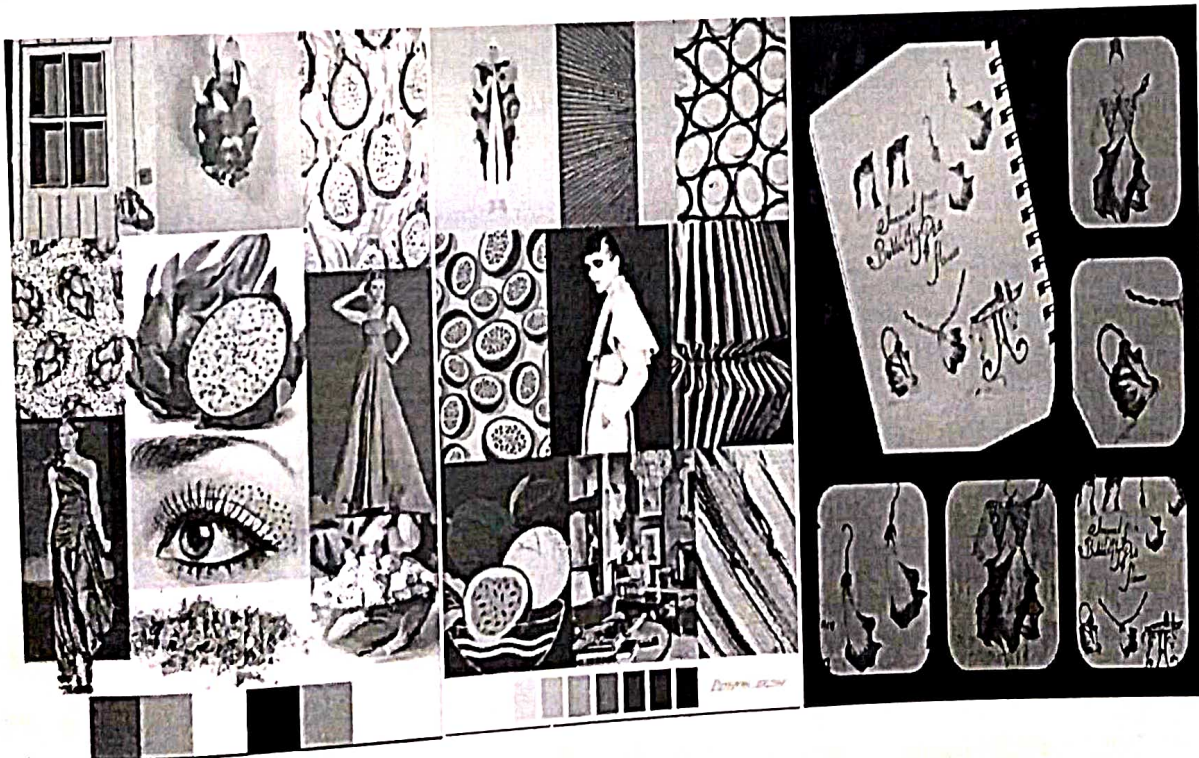
SCOPE OF HIGHER EDUCATION (9,September, 2021)

Ms. N.Meenakshi, Assistant Professor of the department, presented the scope of higher study in Fashion Designing to III B.Sc (FDAM) students. Few excerpts were to become a fashion designer; one must have a thorough understanding of fabrics and materials. Fashion design encompasses a wide range of activities in addition to clothes design, such as accessory design, jewellery design, and so on. Fashion design, on the other hand, is a multi-faceted field that encompasses more than just the development of designs. Skilled candidates have many options. After completing their courses, they are free to work for garment manufacturing firms, fashion houses, export units, and so on. A bachelor's degree in design is required to become a fashion designer, but obtaining a postgraduate degree provides her with additional financial benefits. M.Tech, MBA, MSc in Fashion Design, Fashion Merchandising, and other prominent design courses that individuals might follow to become a fashion designer are just a few examples. Natural talent, communication skills, sewing and drawing skills are the most vital talents for a fashion designer or any artist. Many colleges offer postgraduate fashion courses, and fashion design has a large market in India, Canada, the United States, the United Kingdom, and other European Union countries. A total of 25 people profited from the session.

PORTFOLIO MANAGEMENT (9, September,2021)

The Management of Fashion Portfolio was detailed by Ms.V.Aarathi, Assistant Professor of the department. She stated that the fashion industry is quite competitive, particularly for those who are just starting out. This is why it is critical to have a solid professional portfolio that you can exhibit to potential clients and companies if you want to break into the industry. The advantages of having a distinctive fashion-marketing portfolio are numerous, but the goal is to stand out from the crowd and truly wow potential employers and clients, she added. Ms.Aarathi's Fashion Portfolio Management advice included: Make your portfolio user-friendly, Include business and marketing plans to highlight your professional abilities. Demonstrate your own efforts in online marketing. Keep up with the latest fashion trends. Show off your branding skills all over the place. Your graphic design and photographs should wow. Make extensive revisions to your portfolio. Make adjustments to your portfolio as you go along, and use high-quality printed materials.

She answered the students' questions from the III B.Sc (FDAM) class. The session was beneficial to a total of 25 attendees.



JOB OPPORTUNITIES IN TEXTILE INDUSTRY (10, September,2021)

Knowledge and experience in sewing can open many doors in clothing, fashion, home décor, and textile industries. Ms.M. Subasri, Assistant Professor delivered speech regarding Job opportunities in textile industry to III B.Sc (FDAM) students and gave partial list of careers in clothing and textile:

Apparel Design and Production-Apparel or Fashion Designer, Assistant Designer, Sample Maker, Sketcher. **Apparel Manufacturing-** Assembler, Cutter, Trimmer and Inspector, Marker, Pattern Grader, Pattern Maker, Presser, Sewing Machine Operator. **Fashion Promotion and Display-**Advertising, Advertising Account Executive, Advertising Designer, Display Designer, Display Manager, Graphic Designer, Layout Artist, Mechanical Artist. **Media Work-** Audio-Visual Specialist, Copywriter, Fashion Illustrator, Fashion Model, Fashion Photographer, Photo Stylist, Press Kit Developer. **Retail Sales-** Account Manager, Branch Coordinator, Merchandiser, Personnel Director, Public Relations Specialist, Sales Associate, Store Manager. **Textile Administration-**Accounting and Finance Employee, Business Planner, Data Processing Employee, Personnel Administrator, Public Relations Agent, Purchasing Agent. **Textile Design-**Textile Colorist, Textile Designer, Textile Stylist. **Textile Marketing and Sales -**Market Analyst, Textile Advertising and Promotion Agent, Textile Sales Manager, Textile Sales Representative. **Textile Production-**Industrial Engineer, Machine Operator, Machine Technician, Plant Engineer, Production Supervisor, Quality Control Inspector, Textile Converter. **Textile Research-**Textile Laboratory Technician, Textile Research Scientist.

When she finished the session, she felt strongly that the students needed an easygoing work with a good wage and more benefits, and that prospects for jobs should be delivered to their doorsteps with a red carpet. No. of Participants: A total of 23 students from the III B.Sc (FDAM) class took part in the session.

INAUGURAL MESSAGE (September 11, 2021)

The department began working with III B.Sc students through a virtual Student Induction Program (online) as soon as they were promoted to the third year; the government has yet to declare the start of regular classes. On September 11, 2021, our Secretary and Principal Rev.Dr.Sr.Mary Gilda gave an inaugural speech to the III B.Sc students to explain the papers they will study in the V and VI semesters of the III year.

A multi-pronged work is necessary to get out of this lockdown scenario. The department would just have to work closely with the students to make them feel more at ease, to allow them to explore their academic interests and activities, to reduce competition and motivate them to strive for excellence, to promote internal bonding, to build relationships between teachers and students, to provide a broader perspective of life, and to develop character. Counseling can assist students in talking openly about their problems. Group counselling was also provided, which helped them become more aware of their choices and ambitions. They were urged to make better college selections as well as mentally prepare for a future career and higher education.

The session drew approximately 23 students from the III B.Sc, (FDAM) programme.

BOUTIQUE MANAGEMENT (September 11, 2021)

Ms.V.Aarthi, Assistant Professor of the department, listed How to figure out if your business concept is viable - a thorough fill-in-the-blanks template approach that will help you identify issues before they occur and protect you from losing your shirt on dog business ideas. A comprehensive guide that will take you step by step through all of the critical stages of launching a business. Ms.V.Aarthi also offered tips for setting goals to attain success :Set goals for yourself for the accomplishment of the many tasks necessary in starting and managing your business successfully. Be specific. Write down the goals in measurable terms of performance. Break major goals down into sub-goals, showing what you expect to achieve in the next two to three months, the next six months, the next year, and the next five years. Beside each goal and sub-goal place a specific date showing when it is to be achieved.

She instructed the students to plan the steps necessary to achieve their objectives. She also advised against attempting to achieve too many objectives at once. In all, 25 students from III B.Sc (FDAM) attended the lecture and benefited from it.

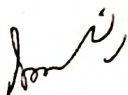
PLACEMENT COACHING (12 september,2021)

Ms.V.Aarthi, Assistant Professor of the department, began her inaugural lecture for III B.Sc (FDAM) students with this outline. The department held an introduction for all of our department's students in order to provide details about placement in fashion design. Boutiques, Retail Chains, Independent, Self-employed Fashion Designers, Garment and Textile Export Houses, Textile and Fabric Manufacturing Units, Branded Fashion Showrooms, Television and Film Industry, Boutiques, Retail Chains, Independent, Self-employed Fashion Designers, Independent, Self-employed Fashion Designers, Independent, Self-employed Fashion Designers, Teaching in a fashion design college with courses such as Retail Manager, Fashion Stylist, and Textile Designer. There are many opportunities for students studying fashion designing. After completing their professional courses, students have a plethora of options. Designing, research, cloth manufacture, textile design, and other possibilities are available to designers. They could work for a fashion house, a manufacturing company, or an export company or they could start their own label. In all, 25 students from III B.Sc (FDAM) attended the lecture and benefited from it.

MACHINE EMBROIDERY (12, September 2021)

Alumni were always invited to participate in the department's activities. Alumni are always willing to lend a hand to the department in order to help the younger graduates learn new skills. Ms.S.Kanaga Parameshwari, from the Alumni (2018-21) batch, expressed interest in participating in the Students Induction Program. She began by showing how to use a machine to embroider. Machine embroidery, she explained, is an embroidery technique in which a sewing machine or embroidery machine is used to produce designs on textiles. Commercially, it is indeed utilized for product branding, corporate advertising, and uniform adornment. It is also used to adorn clothes and apparel in the fashion business. Hobbyists and craftsmen can use their creativity to embellish presents, apparel, and home decor. She cited the examples include designs on quilts, pillows, and wall hangings.

She went over the many forms of machine embroidery in great depth, including free-motion machine embroidery, Cornely hand-guided embroidery, and computerised machine embroidery. A basic zigzag sewing machine is used for free-motion sewing machine embroidery. The designs are created by hand. Link stitch embroidery is used in the majority of commercial embroidery. Patterns in link stitch embroidery can be controlled manually or automatically. Pulse Microsystems patented Link Stitch embroidery, commonly known as chenille embroidery, in 1994. Modern computerised machine embroidery employs a computer-controlled embroidery machine or sewing/embroidery machine that embroiders pre-programmed designs. Multiple heads and threads are possible on these devices. She displayed many styles of embroidery, and the students intently listened and used machines to apply it to their fabric. She answered the students' questions from the III B.Sc (FDAM) class. Twenty three participants benefited from the session.



HOD

HOD



PRINCIPAL

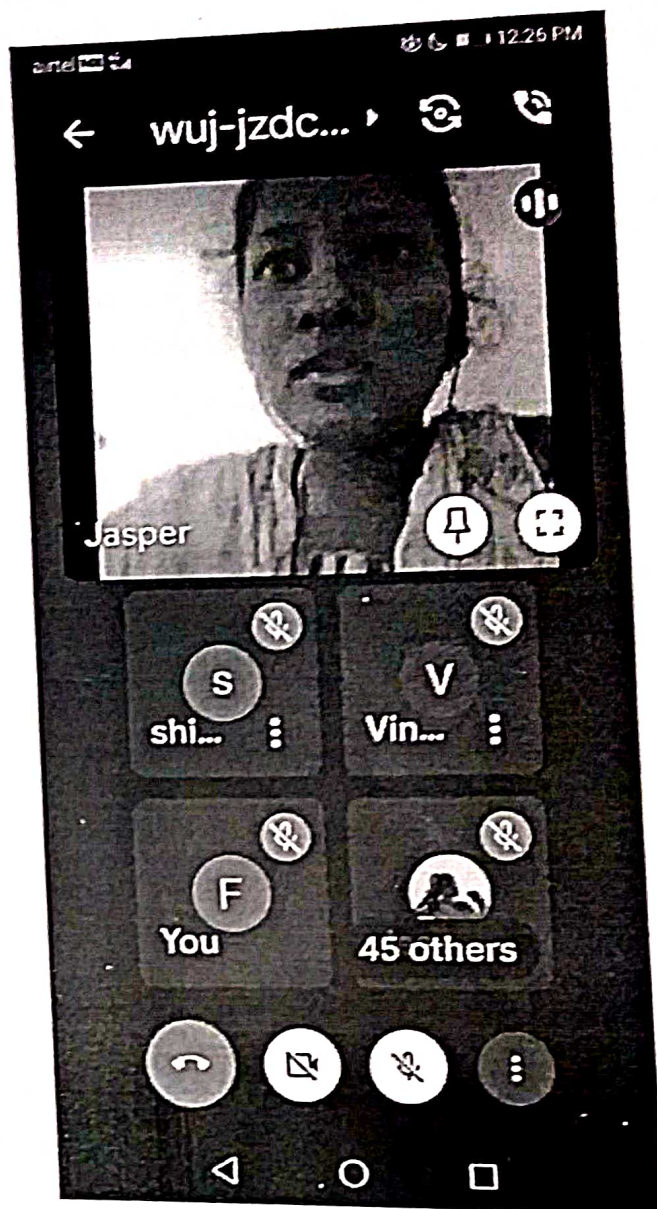
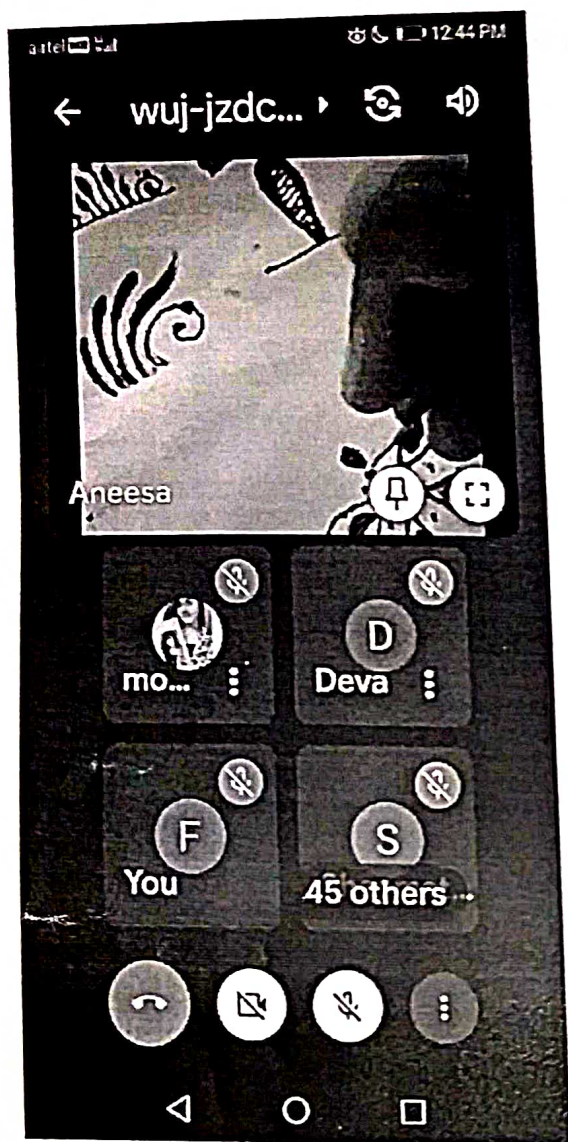
HOLY CROSS HOME SCIENCE COLLEGE THOOTHUKUDI
DEPARTMENT OF FOOD SCIENCE AND NUTRITION
STUDENTS INDUCTION PROGRAMME 2021-2022

Date: 9/8/2021 to 13/8/2021

Date	I 9.00am -9.55am	II 10.00am – 10.55 am	III 11am – 11.45 am	IV 12.10 pm – 2 pm
9/8/2021	Challenges to success in life Dr.Sr.Rubha	Creating Awareness on COVID 19 Mrs.A.Marithangam	Food Packaging Mrs.A.Karolin	Beautician Ms.Shiny (Alumni)
10/8/2021	Developing Positive Values Mrs.C.Sathyalakshmi	Stress Management Mrs.K.Rosy	Super Healthy -Pre & Probiotics Foods Dr.Sr.Rubha	Mehandi Ms.Jeya Megala (Alumni)
11/8/2021	Skills to build strong personality Mrs.A.Karolin	Creating Eco Friendly Environment Dr.Selvam Assistant Professor Department of Geology V.O.C College Thoothukudi	Human Ethics and Professional Values Mrs.K.Rosy	Vermicomposting Maharasi (Alumni)
12/8/2021	Communication Skills Ms.Abinaya	The Effect of social media on Teenage Mrs.Wahitha	Homemade Health Mix Mrs.A.Marithangam	Art and Craft (Alumni)
13/8/2021	Paper Presentation Dr.Sr.Rubha	Parents Children Relationship Mrs.C.Sathyalakshmi	Benefits and Challenges in youth Participation Mr.James Thoothukudi Child Protection Officer	Jewellery Making (Alumni)

Signature of the HoD

Rubha
Head of the Department
Department of Food Science & Nutrition
Holy Cross Home Science College
Thoothukudi

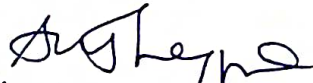


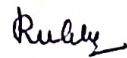
Fresher's Test Report

DEPARTMENT OF FOOD SCIENCE AND NUTRITION

FRESHER'S TEST 2021-2022

S.No	Name of the Students	Total Mark(20)
1.	R. Amala Rabisha	15
2.	A. Amirtha Lakshmi	17
3.	S.Anusuya	19
4.	M. Banu priya	18
5.	V. Gomathi	16
6.	D. Grazy	17
7.	G. Jeffrina Heymans	16
8.	M. Lekha Sri	18
9.	R. Maha Lakshmi	17
10.	M. Mamitha	17
11.	K. Merciyal	16
12.	M. Muthu nivetha	14
13.	M. Petchi maha Lakshmi	17
14.	S. Rahumath nisha	18
15.	A. Rebakka joy	16
16.	A. Ramya	14
17.	M. sakthi abinaya	17
18.	A. Sakthi uma	17
19.	S. Santhanam	15
20.	G. Sherina	14
21.	M. siva ranjani	16
22.	I. Srinithi Karthika	18
23.	S. Sowmiya	15
24.	M. Thangaselvi	15
25.	C. Vidyavathi	17
26.	P. Vincilin Mary	15


Signature of the Staff


Signature of the HoD

Head of the Department
Department of Food Science & Nutrition
Holy Cross Homescience College
Thoothukudi

HOLY CROSS HOME SCIENCE COLLEGE, THOOTHUKUDI
PG & RESEARCH DEPARTMENT OF COMMERCE
STUDENT INDUCTION PROGRAMME - 09th August, 2021 – 13th August, 2021

The Student's Induction Programme was conducted in this academic year 2020-2021 for the freshers (B.com I Year students). The department commenced this Student Induction Programme on August 9, 2021. This programme was organised and conducted for 5 days wholly through online by using Zoom Meet as platform to meet the students.

The programme started with prayer song by Dr. G. Maria Delicia Helina (H.O.D) followed by Welcome address by Mrs. R. Tiffany. The principal's message was given by Rev. Dr. Sr. Mary Gilda.

The staff in the department, were then introduced to all the students. Dr. G. Maria Delicia Helina, delivered her speech and gave the general instructions to be followed by each and every student. Dr. S. Santhana Kamala presented the course structure and Dr. J. Elizabeth Vijaya gave the rules and regulations. Dr. Maria Delicia Helina, also gave an informative speech on various environmental Toxins.

The second session was the Mentor -Mentee discussion. Dr. V.C. Jeyaratha gave her general view on environmental transformation and ecological effects. In the Third session Dr. G. Muthulakshmi dealt with current environmental problems.

The registration link for next day's session was generated. The time schedule was fixed and the meeting link was generated accordingly.

On August 10, 2021, the first session was handled by Mrs. R. Tiffany, who gave E-lecture on Business Models of E-commerce, then the next session was dealt with a Digital Marketing and its impact on small business by Ms. D. Baby Jeyanthi and Mrs. R. Nishanthini handled Business Quiz in the third session

The Third day (August 11, 2021) of the Student Induction Programme started with the session on Reasoning and Data interpretation by Dr. S. Santhana Kamala. The session was highly informative. This was followed by a session on Aptitude made easy by Mrs. R. Nishanthini. The next session of Business Quiz was handled by Dr. K. Bagavathi Thangam.

On the fourth day (August 12, 2021) Dr. J. Elizabeth Vijaya handled a session on careers in commerce, followed by class on competitive Exams and Course Based Quiz.

HOLY CROSS HOME SCIENCE COLLEGE, THOOTHUKUDI

DEPARTMENT OF COMPUTER SCIENCE

On-line Student Induction Programme – 2021

As colleges reopen after months of lockdown in response to the COVID 19 outbreak, students should be offered with some standardized bridge courses to resume their formal learning. Such courses can help in diagnosing the students' learning gaps and support their recovery from this crisis. Therefore, our college organized On-line Student Induction Programme for the II and III year students.

The Department of Computer Science conducted the on-line SIP-2021 from 9th to 13th of August, 2021 through Microsoft Teams platform. The programme was scheduled to include sessions on creative arts and culture, universal human values, literary activity, motivational lectures by eminent persons and hands-on workshops to improve the English and Computer skills.

Mrs. R. Waheetha, head of the department encouraged the students for their participation in all activities to improve their skills, to expose their creativity, to know about life and to care for nature. It was followed by a brain-storming session conducted by Mrs. R. Ame Rayan. Then follows the session on "Eye Relax", a physical activity trained by our Physical Director, Mrs. Anbu Mary for the smart phone users. To enhance the design skill, the students were taught Canva, a open source software used to create invitations, brochures and greeting cards.

Various sessions were conducted from 9am to 2pm on all the five days. Lectures on Emotional Intelligence, Positive Attitude, Stress Management motivated towards their personal growth in life. A session on "Intellectual Property Rights" was an eye opening session for the students about receiving patents and copyrights for one's own ideas, creativity and innovations.

Experts talk on topics like "Arts and Culture of Tamils", Diet counseling, Recycling and craft work from textile waste enlightened the students to progress in life. Our alumni, Ms. Santhiya shared her experience about her growth towards the career path from UG to pursue PG in Computer Science.

Mrs. Narmadha, Senior Advocate was invited as a special guest to deliver a note on "Know your Rights". Her speech on Women Rights, Child Labour Protection Act, and various acts on Sexual harassment oriented the students to know about the legal support for women.

Students were also actively participated in debates, group discussions and newspaper review and share their ideas. Students expressed that the induction programme was very much useful, gave new ideas, self observation and awareness. They also shared that the programme helped them to know about their rights and orient towards education to progress.

HOLY CROSS HOME SCIENCE COLLEGE, THOOTHUKUDI

DEPARTMENT OF ENGLISH

STUDENTS INDUCTION PROGRAMME (2021-2022)

S.No	Date	Time	Topic	Resource Person	Beneficiaries
1.	09.08.2021	9.30 – 10.30	Motivation Talk	Ms.Dyana Flora	II, III UG & II PG
2.	09.08.2021	10.30 – 11.00	Conflict Management & Parts of Speech	Ms. Sharon Snowfana	II, III UG & II PG
3.	09.08.2021	11.30 – 12.30	Art & Craft	Ms. Sneka, III B.A English	II, III UG & II PG
4.	10.08.2021	9.30 – 11.00	Time Management & Tenses	Dr. Mazhali Yasodha	II, III UG & II PG
5.	10.08.2021	11.30 – 12.30	Psychological Counselling	Mrs. Kumutha, Skill Development Trainer, Tirunelveli	II, III UG & II PG
6.	11.08.2021	9.30 – 11.00	Interview Skills & Fun English (Common Errors)	Ms. Abinaya	II, III UG & II PG
7.	11.08.2021	11.30 – 12.30	Jewellery Making	Ms. Evangel, Alumni	II, III UG & II PG
8.	12.08.2021	9.30 – 11.00	Leadership Skills & Personality Development	Mrs. Mystica	II, III UG & II PG
9.	12.08.2021	11.30 – 12.30	Motivational Talk (Career Guidance, Dietetics & Skin Issues)	Ms. Shobana, Announcer, All India Radio, Thoothukudi	II, III UG & II PG
10.	13.08.2021	9.30 – 11.00	Food Idioms	Ms.Dyana Flora	II, III UG & II PG
11.	13.08.2021	11.30 – 12.30	Motivational Talk (How to overcome Emotional Conflicts during	Ms. Ahalya Jeni, Alumni	II, III UG & II PG

HOLY CROSS HOMESCIENCE COLLEGE, THOOTHUKUDI
DEPARTMENT OF ENGLISH
STUDENTS INDUCTION PROGRAMME (2021-2022)

DAY :1

8/21

Platform: Googlemeet

the academic year and to enlighten our students, Department of English organised a (9th August -13th August) Student Induction Programme through online. The session with an invocation. Ms. S. Dyana Flora, Assistant Professor of English addressed the with her words of motivation. She delivered her lecture on "Regaining Strength- from the life of Eagle."The second session was led by Ms.SharoneSnowfana, Professor of English. Her lecture on "Conflict Management and Sentence e" enlightened students.The third session was led by our final year student Ms.Sneha. etical session was very useful and students eagerly learnt the art of craft.



DAY :2

08/2021

Platform: Googlemeet

Second day session was initiated by Dr.MazhaliYasoda, Assistant professor of As it was our mother foundress Claudine Echernier's days some of her disciplines were the students and prayers were held. Dr.MazhaliYasoda gave a lecture on "Problem and Tenses. The second session was led by Mrs. Kumutha. Skill Development Tirunelveli. She gave a psychological counselling on the topic " Break your Zone".

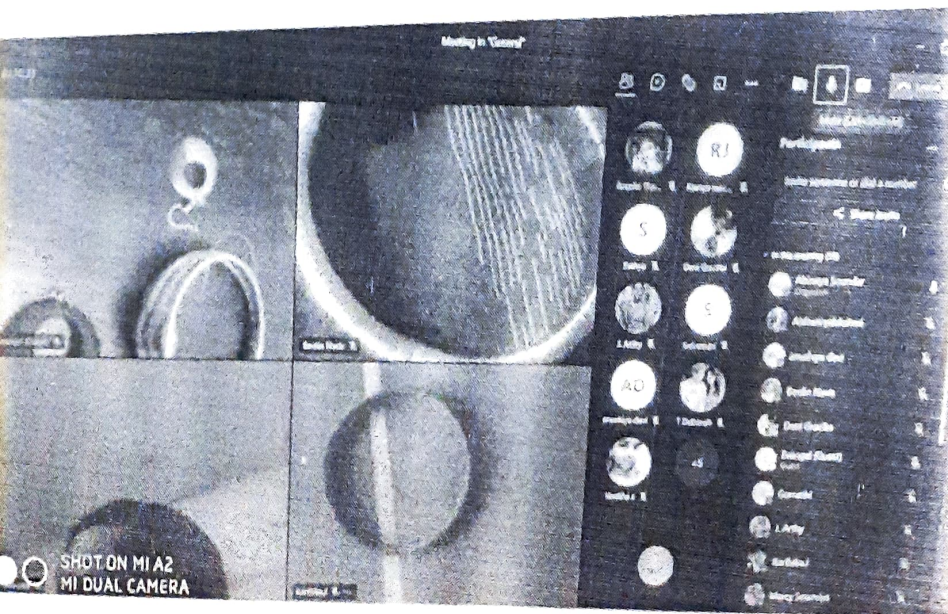


DAY:3

te: 11/08/2021

Plat

Third day session was led by Ms. S. Abinaya, Assistant Professor, who presented on the topic "Interview Etiquettes and Common Errors." The second day session was led by our alumni Ms. Evangel. She taught the technique of making jewellery. The day ended with a game of recreation.



DAY :4

Date: 12/08/2021

Platform: Googlemeet

Fourth day session was led by Mystica. Assistant Professor of English. Herher lecture on "Leadership skills and Personality Development" was thought provoking. The second session was led by our Alumni Ms. ShobanaAnnouncer, All India Radio, Thoothukudi. She gave a Lecture on the topic "Career Guidance &Dietitics and Skin issues"



DAY:5

Date: 13/08/2021

Platform: Google meet

Fifth day session was led by Ms. S.Dyana Flora, she has taught some interesting Food Idioms to the girls. The second session was led by our alumni Ms. AhalyaJeni. She gave a lecture on “Emotional Conflicts during Pandemic.” The third session was led by Mrs. Magleena, Assistant Professor of Tamil. She has lectured on the topic “Traditional folk arts.” The Induction programme ended with a validation

SIGNATURE OF THE PRINCIPAL

Fair S. Pyare Khan
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