

Life Skill Programs 2020 - 2021

Life Skill oriented programs are provided to the students with the objective to help them in securing a better livelihood with a greater emphasis on the improvement of employment opportunities.

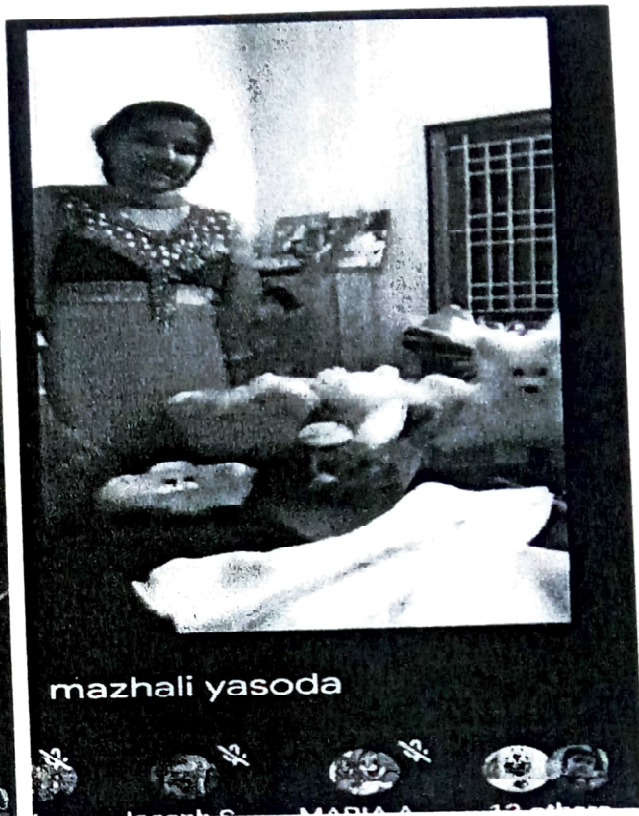
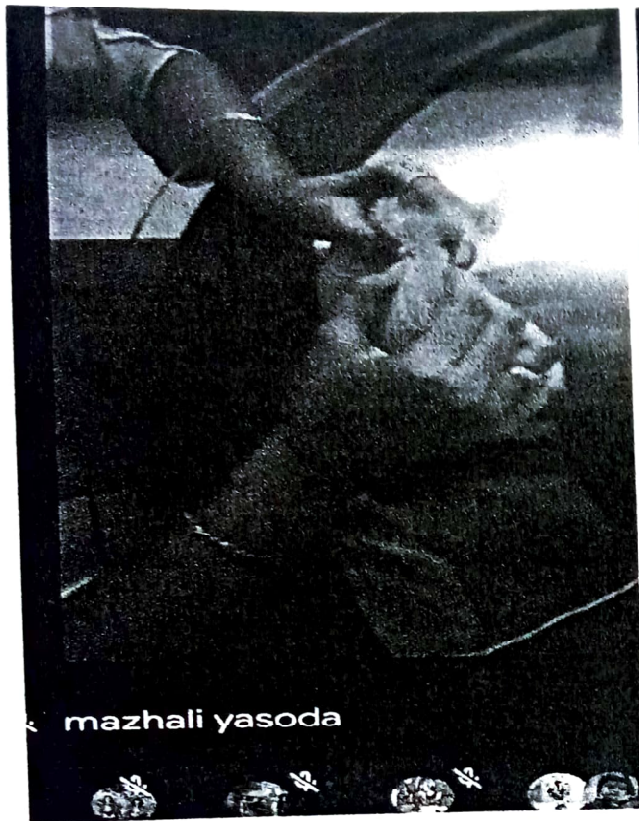
Sl. No	Date	Program title	Resource Person	Beneficiaries
1	17.10.2020	Art from waste	Miss.Sugi Alumini student	All Students
2	07.11.2020	Bag Making	Jasmine boutique	All Students
3	21.11.2020	Soap Making	Mrs.MariThangam Assistant Professor Holy Cross Home Science College	All Students
4	12.12.2020	Doll Making	Miss.Vairalakshmi Alumini	All Students
5	19.12.2020	Jewellery Making	Mrs.AntonyRayammal Alumini	All Students



HOD
Dept. of English
Holycross Home Science College
Thoothukudi - 623 003.

DOLL MAKING AND POUCH MAKING PROGRAMME

“Free hand maid is heart made print”



We are the creator of ideas, swimming in a sparking sea of imagination. A, magician of sorts, turning thoughts of wonderment into pieces of originality. Each creation showcases our own personal journey. To humanize the creative skills of all UG and PG students of English department 'Doll making and Pouch making programme' was externalized on 12th December, 2020 by Ms. Jenifer, the Alumini of Fashion Designing and Apparel Making Department . Design is where Science and Art break even. Passion runs through our veins , as emotions of fuel for our craft . Ms. Jenifer expounded the students to provoke Dolls and Pouches using Fur cloth and Acrylic cloth. Many students were resorted by this programme.

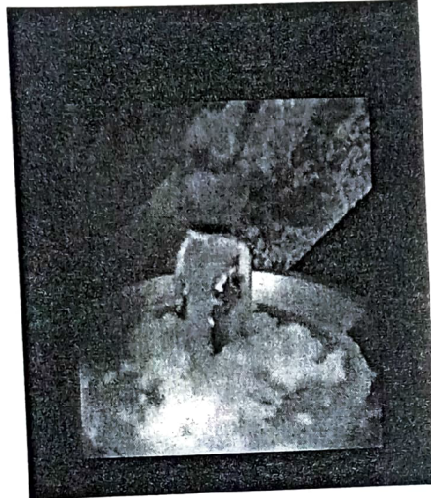
Candle making and Soap making

Make Art - Your Life

"Art is not a thing, it is a way"

-Elbert Hubbard

To humanize the creative skills of students "A Programme of candle ~~making~~ and soap making" was ratiocinated on November 21, 2020 for all UG and PG students. Works of Art can tell stories or simply express an aesthetic truth or feeling, ~~that~~ makes craft a part of the creative process. Mrs.Marithangam, Assistant Professor of FSN Department taught the preparation of candle and soap to the students. She also illustrated how to spawn friendship band. 59 students gained the advantages of this programme.



Angela Pigeon
Signature of the HOD

H. Pigeon
Signature of the Principal

Staff-in-charge

4. Coxin
5. Angela
5. Guru Shil

HOLY CROSS HOMESCIENCE COLLEGE, THOOTHUKUDI

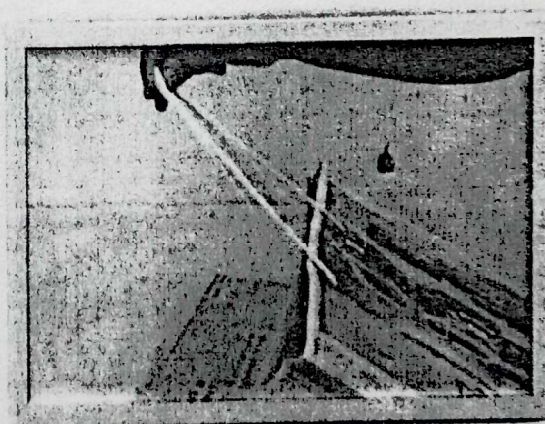
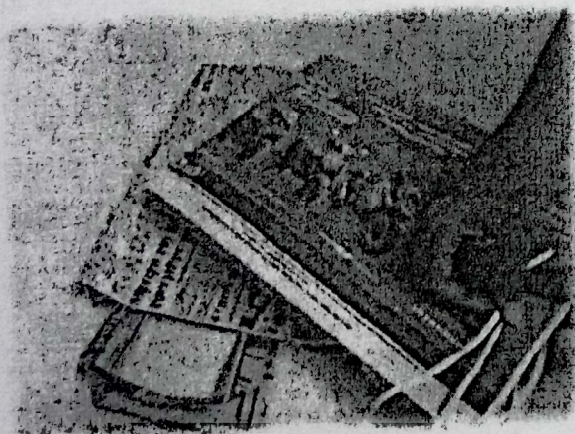
DEPARTMENT OF ENGLISH

Innovative Eco Bags

"Creativity is as important as Literacy"

-Sir Ken Robinson

Crafting is a journey that impacts and implicit Knowledge in the works of Art and Literature among students. "Innovative Eco bags", a program on Art of Bag Making with paper and clothes was conducted on November 7, 2020. It was an interactive session with our students that brought insight on how the used humble paper and cloth has been redesigned as tough reusable Eco friendly bags providing an alternative to environmentally harmful single-use plastic bags. Ms. Sri Mari, the Alumni of FD Department taught the students how to make Eco bags with innovative designs that recycles simple materials and can be cheaply and easily assembled as whole. Overall 63 students from UG and PG Literature were the beneficiaries.



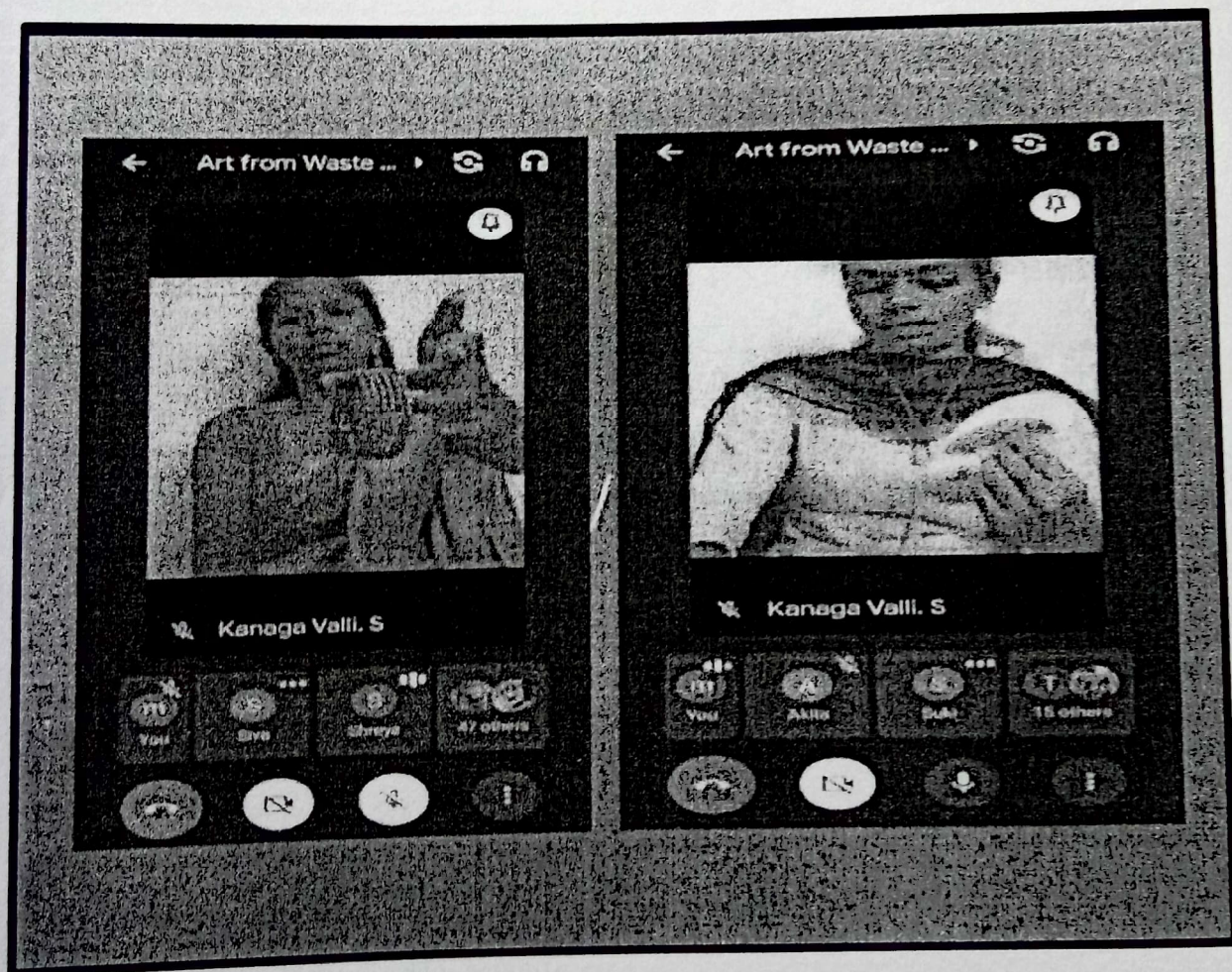
S. Angelia Raju.
Signature of the HOD

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Signature of the Principal

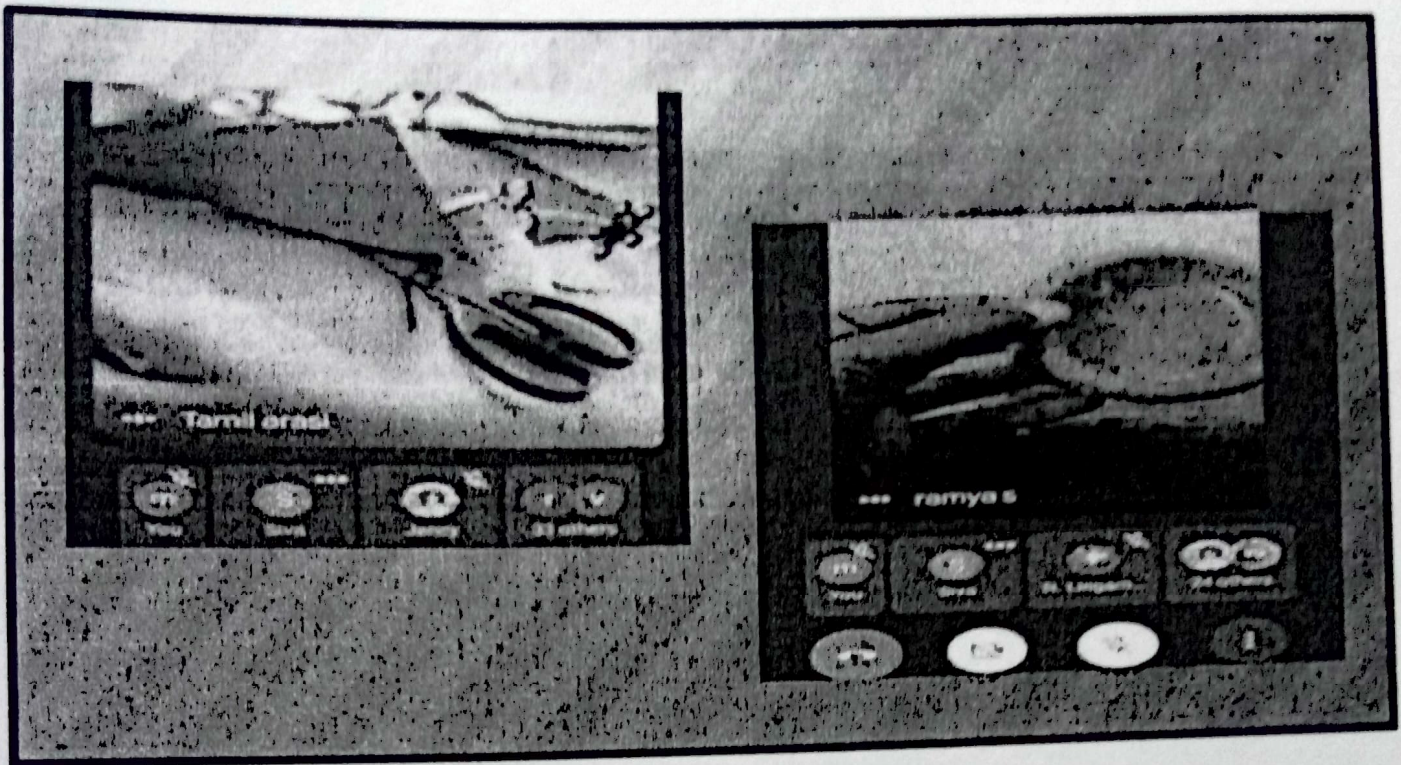
HOLY CROSS HOME SCIENCE COLLEGE, THOOTHUKUDI
DEPARTMENT OF ENGLISH
CRAFTINESS IS HAPPINESS

"Waste isn't waste unless we waste it"

- Unknown



To hammer in creative inquisitiveness among students, half a day programme on "Art from Waste" was organized on Oct 17, 2020. Ms. Kanaga Valli and Ms. Sudalai Vadivu elucidated the significance of art.



Art is a transforming experience. It gives soul to life. Live demonstration was given to create new articles from waste products from the spirit of hands. 47 students from UG and PG Literature eagerly participated.

I. Angelina Riza
SIGNATURE OF THE HOD

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SIGNATURE OF THE PRINCIPAL

HOLY CROSS HOME SCIENCE COLLEGE- THOOTHUKUDI LIFE SKILL CAMP MAKE THE CHANGE-2021

The college organised a Life Skill Camp for 2 days 5th & 6th March 2021. The main purpose of the Life Skill Camp on the Theme MAKE THE CHANGE is to impart views to empower the youth with adequate skill sets that will enable their employment in relevant sectors and also improve productivity And to enable individuals to deal effectively with the demand and changes of everyday life. Adolescents need to learn to be assertive, including learning to say "no" to harmful behaviour. Assertiveness without aggressiveness is a skill of immense value for adolescents.

DAY 1 5.03.2021

9.30am -4.30 pm

INAUGURATION



The Life Skill Camp inaugurated by Dr.S.Guru Vasuki Assistant Professor of Education VOCC of Education Thoothukudi.

Session I

Dr.S.Guru Vasuki Assistant Professor of Education VOCC of Education Thoothukudi.FOCUS TO BE PRODUCTIVE The session Provided opportunities for the reinforcement of existing positive behaviour and strengthened the life skills that will enable young people to protect them from and to cope with risky situations they would encounter in their lives.



Session II

FINANCIAL LITERACY- LOANS FOR START-UP Mr.P.Thanaraj Managing Partner GreenStar Packaging Company and Joint Secretary, Thuditsia Thoothukudi. The session was about the Startup business loans, shorter-term startup loans for a new business do not require collateral and one can avail up to INR 50 lakhs of unsecured business loans. The session also discussed about the Documentation Required to avail a startup business loan without too many hassles.



SKILL TRAINING PROGRAMME

The Life skill Camp with the objective to enable our students to take up industry-relevant skill training that will help them in securing a better livelihood. Individuals with prior learning experience or skills specially the Alumni were the trainers of the skill development Programme such as Baking, Food Processing, Beautician, Art from Waste, Soap Making, Bag Making, Doll Making that went on from March 1st -5th 2021.



Day II-6.03.2021

9.30 am-4.30 pm

Session I

Dr. A. Malathi Assistant Professor PG & Research Department of Computer Science Government Arts College –Coimbatore **LIFE SKILL ENHANCEMENT**

The session contributed to: basic education; gender equality; democracy; good citizenship; child care and protection; quality and efficiency of the education system; the promotion of lifelong learning; quality of life; the promotion of peace.



Session II

Dr. M. Jaikumar Head of Computer Application Sri RamaKrishna Mission Vidhyalaya College of Arts and Science Company & Commander Tamilnadu Home Guards Coimbatore **SELF DEFENSIVE MECHANISM** The session was an interactive, educational methodology that not only focused on transmitting knowledge but also aimed at shaping attitudes and developing interpersonal skills. The main goal of the session was to enhance young people's ability to take responsibility for making healthier choices, resisting negative pressures, and avoiding risk behaviors



Session III

Mrs.D.Priyadharshini Assistant Professor Department of Computer Science Sri Narayana Guru College Coimbatore. **TRANSFORMING POWER TO EFFICIENCY** The session has imparted the following effects: how to lessen violent behaviour; how to increase pro -social behaviour and how to decrease negative, self-destructive behaviour; how to increase the ability to plan ahead and choose effective solutions to problems; how to improve self-image, self-awareness, social and emotional adjustment; how to increase acquisition of knowledge; how to improve classroom behaviour; gains in self control and how to handle interpersonal problems and coping with anxiety; and how to improve constructive conflict resolution with peers, impulse control and popularity.



CULTURAL PROGRAMME

Emphasizing the importance of cultural competence and related skills which is essential in today's workplace. In view of this Dr.T.Irwin Victoria Play Back Singer and Vijay Tv Super singer contestant organised a concert.



BENEFICIARIES

180 participants of II PG & III UG benefitted by attending this Programme.

In particular, Principal & Secretary Dr.Sr.Mary Gilda & Vice-Principal Mrs. C.Sathyalakshmi was the un-stinted support for this Programme. The Life Skill Committee members Dr.AngelinePriya Head Department of English Mrs.G.MariaDeliciaHelina Head Department of Commerce and Dr.Jeyamalar Department of Tamil and Mrs.Anbu Mary Physical Director executed and brought out this Programme successfully.