



**HOLY CROSS HOME SCIENCE COLLEGE,  
THOOTHUKUDI.  
ANNUAL REPORT  
2018 - 2019**



***Rev. Dr. Sr. Mary Gilda***

***Principal & Secretary***

Greetings!

With immense pleasure, I present the annual report for the academic year 2018-19. At this historic moment, I would to express my sincere gratitude to all the people for their dedication and contribution that has made us stands tall and committed to the ideals for which the college was founded. Let me share with you briefly the salient features of our institution.

Holy Cross Home Science College, established in 1975, is administered by the Society of the Sisters of the Cross of Chavanod, Madurai Province. The College is affiliated to Manonmaniam Sundaranar University, Tirunelveli. It was Re-accredited with 'B' grade by NAAC. We pay homage to our Foundress Claudine Echenier, who founded the Congregation of the Sisters of the Cross of Chavanod, in France, in the year 1838 and I remember our pioneering sisters of this college who had the vision to create this institution a place of learning and women's emancipation.

Empowered by the self-emptying love of God and inspired by our Mother Foundress, we, the Sisters of the Cross envision a just and harmonious society where all people live life in its fullness. Our mission is to nurture persons to be well integrated who in turn become agents of societal change and our goal is to form persons of character, conscience, compassion, commitment and competence.

The college aims at the all round formation of students to achieve wholeness and all our programmes are equipped to achieve this goal.

As I stand before, I welcome the gathering for 44<sup>th</sup> College Day Celebration. This hour is blessed by the gracious presence of Dr.A.Francis the former Principal of VOC and Syndicate member of Manonmaniam Sundaranar University, Tirunelveli, who created a history as history faculty. The tireless energy he has shown in bringing about significant improvements and initiatives in higher education especially to our institution, serves as an inspiration for our faculties. Sir, on behalf of the entire Crossian fraternity, I extend a hearty welcome to you and express our gratitude for accepting our invitation to grace this occasion. There are many milestones you have achieved and every time you visit us, we celebrate your presence and just be sure that we will be equally joyous, because as crossion you will always be our family. I take this opportunity to thank my colleagues of the various dept for their whole-hearted support, cooperation and trust in all the endeavours.

#### **Courses at our College:**

- The College runs 6 UG, and 3 PG courses; 1 Certificate Course under the Career Oriented Programme (COP); and 18 Vocational Training Programme.

#### **Admissions 2018-19:**

- Admissions 2018-19 went off smoothly. The total number of applications received for both UG and PG courses was 564 and the total admitted was 207.
- I thank the Vice Principal, Heads of Departments, teaching faculty and administrative staff, as well as students for their whole-hearted participation in the admission process. The new academic year 2018 -2019 began on 18<sup>th</sup> June for the senior students and 25<sup>th</sup> June for I UG students.

#### **Our Strength:**

- We now have a total strength of 43 teaching staff, 10 supportive staff, 624 students (UG:550, PG:74).
- Seven members of the teaching staff are Ph.D Holders; 8 of them have registered for research and one faculty is on the process of submitting.
- 5 staff members have cleared SET/ NET examination.
- Two of our faculties obtained guideship from the university and 3 are on process.

#### **LISA:**

Library with open access system holds 5681 books and subscribes 13 journals (02 International and 11 National) and 12 periodicals. This year 137 books have been added to the existing collection. The amount spent for books and journals in 2018-2019 is Rs.1,02,977. The library is linked with Inflibnet Nlist facility. At the beginning of the academic year, the librarian organizes Orientation Programme for the freshers about the use of library resources. Library automation was done with bar coding for the books and for the students entry. Our

librarian encouraged the faculties and students to join online courses Swayam, NPTEL & MOOC (Spoken Tutorial). 46 faculties and 30 PG students have joined in the above courses.

The LISA of our college organized a one day “Book Fair” on 15<sup>th</sup> December 2018. This creates an interest among the staff and students to purchase books and foster the reading habits.

#### **Students’ Council:**

The Students’ Union Council Election was held on 29<sup>th</sup> June 2018. The following students were elected as office bearers:

- Ms.Nandhini (III B.A) as Chairman
- Ms. Glory Hallelujah (III B.Com) as Secretary.
- Ms.Ajitha (II B.Sc) as Vice chairman and
- Ms.Maria Pushpam (II M.Sc) as Treasurer

#### **IQAC:**

The IQAC organized Faculty development program for inside and outside the college was arranged on 14<sup>th</sup> June, 2018 on Stress Management by Dr.Suryakala, Associate professor, Annammal College of Education and an active aerobics practice by Mrs. Judy Ivan Kumar, Physiotherapist and Aerobics Trainer.

- The IQAC encourages the staff to engage themselves in applying for project, research (Ph.D) and update themselves.
- A two day orientation program on Importance of NAAC and its Revised Criterion on 20<sup>th</sup> & 21<sup>st</sup> June 2018.
- A one day orientation program on “Administrative Reforms” was conducted for Non-teaching staff on 14.07.2018. A workshop on Application of SPSS was arranged for all the PG students organized.
- IQAC in Association with Library organized the workshop on Citation Analysis and Digital Resources on 16<sup>th</sup> August 2018, Mr.K.Mutharasan, Chief Librarian, Pope’s College, Saweryar puram was the resource person.
- IQAC organized an orientation programme on NAAC reforms Outcome based education on 17<sup>th</sup> and 18<sup>th</sup> December 2018 for our faculty members
- Three days program on Process of Re Assessment and Re-Accreditation on 24<sup>th</sup>, 28<sup>th</sup> and 29<sup>th</sup> of January 2019 for all the faculty members by Mrs.C.Sathyalakshmi, IQAC Coordinator.
- IQAC in Association with Computer Science Department organized One day workshop on “E-Content Development” on 23<sup>rd</sup> February 2019.

#### **Scholarship:**

Students avail post matric scholarship for minority students, Beedi Worker’s Children scholarship, Tamilnadu Agricultural Labourer’s Scholarship etc. The management and well-wishers provide fee concession and freeship to meritorious students.

#### **Research Committee:**

- The research committee organized a faculty development programme on NET / SET coaching classes for faculty members during old semester and another programme on 23<sup>rd</sup> March 2019.
- The Research Committee also organized a SPSS for faculty.

#### **Seminar and Publications:**

- Mrs.Renganayagi, Librarian attended a two day National Seminar on “Enhancing Professional Skills and Traits held at Sadakathullah Appa College, Tirunelveli on July 20<sup>th</sup> and 21<sup>st</sup> 2018.
- Dr.J.Elizabeth Vijaya attended a yoga orientation programme at Arivu Thirukkivil from August 16<sup>th</sup> – 18<sup>th</sup> 2018 organized by Manonmaniam Sundaranar University, Tirunelveli.

- Mrs.Guru Shobana participated and presented papers in the one day International Seminar organized by Aditanar College of Arts and Science, Tiruchendur on August 20<sup>th</sup> 2018
- On 07<sup>th</sup> -08<sup>th</sup> September 2018 Sr.Sesurani attended a two day National Seminar on “Enhancing writing skill for Research” conducted at Manonmaniam Sundaranar University, Tirunelveli.
- Our students attended a National Workshop on “Application of MS Excel, NBA and Cloud Accounting tools, organized by the Department of Commerce at M.S.University, Tirunelveli on September 07<sup>th</sup> – 08<sup>th</sup> 2018.
- On September 08<sup>th</sup> 2018, three students of our college along with Mrs.Uma Maheswari, attended a Workshop on “Rising Women for Entrepreneurship” organized by Manonmaniam Sundaranar University, Tirunelveli.
- Dr.S.M.D.Mathuravalli, Associate Professor, Department of Food Science and Nutrition presented a paper on “Impact of spirulina supplementation on haemoglobin levels of saltpan workers in Thoothukudi” organized by the Department of Biochemistry, Holy Cross College, Trichy on September 11<sup>th</sup> 2018.
- Dr.Sr.Rubha, Associate Professor & Head, Department of Food Science and Nutrition presented a paper on “Impact of Peer Group Nutrition Education among School going Adolescent Girls in Thoothukudi District” organized by the Department of Biochemistry, Holy Cross College, Trichy on September 11<sup>th</sup> 2018.
- Mrs.C.Sathyalakshmi, Dr.S.M.D.Mathuravalli, Ms.Revathy and Mrs.Marithangam along with 25 students attended a National Seminar on “Nutrition and Healthy eating for long life” and presented papers organized by Sadakathulla Appa College, Tirunelveli on September 18<sup>th</sup> 2018.
- Mrs.Ame Rayan and Ms.S.Sandra participated in the State level seminar on “Educating and Empowering people for green practices” organized by the NSS units of St.Xavier’s College (Autonomous), Palayamkottai on September 24<sup>th</sup> 2018.
- On February 07<sup>th</sup> - 08<sup>th</sup> 2019, three students of our college along with Ms. E.Jose Raja Edil, participated in the National Conference on “Regional Literatures in Translation and Author’s Meet” organized by the Department of English, Manonmaniam Sundaranar University, Tirunelveli.
- On 05<sup>th</sup> March 2019, B.Sc Food Science and Nutrition students along with Mrs.A.Marithangam participated in the National Seminar on “Food Safety and Quality Control” Namakkal organized by KSR Institute of Technology.

#### **Publications:**

- In 2018-19, about 11 international and 17 national articles have been published in national and international journals by our faculty. Congratulations to all involved! The

management encourages research culture among faculty by giving seed money, study leave with pay while preparing the thesis and additional increments for qualified candidates.

#### **Initiatives taken:**

- The Department of Computer Science and Fashion Designing had undertaken MoU from Log in Tech, Thoothukudi and M.Rajavel, Chairman, Raja Screen Printers, Salem.

#### **Student Orientation:**

In order to motivate the students and to foster a spirit of independence and self-direction through self-reflection and advocacy, orientation programmes are offered to students. The nucleus of programme with the academic year goal was “Learn, Reframe and Reachout”.

Our faculties from various department highlighted on the above topics and imparted the values to all the UG and PG

- Crossian Esstrellas’ 2018 was a two day cultural meet held on the 09<sup>th</sup> – 10<sup>th</sup> of August 2018. The overall shield was awarded to the Department of English
- A **two day Life Skill Camp** on ‘**Students Enriched to Empower – SEE**’, was organized for all the final year UG and PG students of our college on 12<sup>th</sup> and 13<sup>th</sup> October 2018 in the college premises, with the focus on “Disconnect to Reconnect”
- The college offers various training programme to the outgoing students on “Tally, Web Designing, Food processing, Baking, Communicative skills, MOCK interview, Move arts etc.,
- The Shalom Family Enrichment Mission organized an orientation programme for the First year UG students and for the staff of our college on the 4<sup>th</sup> & 5<sup>th</sup> of January, 2019.
- The **Students Administration day** was organized on 19<sup>th</sup> January 2019 in order to learn the art of motivating, influencing and directing the students so that they work together to achieve the goals of an organization.

#### **Academic Performance of the Students:**

- Our students have performed exceedingly well in the University Examinations. Congratulations to all the successful students on their splendid achievement and to the faculty members, for their contribution in achieving good result.

#### **Various major events held in the College:**

- The department of commerce conducted a Guest Lecture on Scope of Statistics in Commerce on 12<sup>th</sup> July 2018

- The research committee organised a ‘National Workshop on SPSS Software’ on 14<sup>th</sup> July, 2018.
- The DOFA Association of Department of Fashion Designing “Career in Fashion and Recent trends in India” on 19<sup>th</sup> July 2018
- The Oracle club of English Literature conducted “Lit Feast '18" on 19th and 20th of July, 2018.
- The Department of Food Science and Nutrition celebrated World Breast Feeding week on 16<sup>th</sup> 17<sup>th</sup> August 2018
- The Department of Computer Science organized a Word Hunt competition for all the second year students on 22<sup>nd</sup> August, 2018.
- The Department of Fashion Designing and Apparel Making hoisted an International seminar on Smart Textiles in Modern Era-SMARTEX FASHION '18, on 31<sup>st</sup> August, 2018. Nearly 20 colleges’ participated and more than 300 participants were benefitted by this Seminar.
- The Galleon Association of Department of Commerce conducted a guest lecture on opportunities of Competitive exam for Graduates on September 06<sup>th</sup> 2018
- Bible Week Celebration was organized from 8<sup>th</sup> & 9<sup>th</sup> of October, 2018.
- The Department of Food Science and Nutrition celebrated World Food Day by organizing Nouri Food Expo on 16<sup>th</sup> October, 2018.
- To enhance the Technical Skills and the Employment potentiality of students’ eighteen courses were offered from July 2018 to October 2018. The students were trained on courses like Hindi, Yoga, Spoken English, Dress Designing, Art from Waste, Jewellery Making, Aari and Embroidery, Flash, Tally, etc, and an add-on Expo was organized on the 21<sup>st</sup> of October, 2018 and 14<sup>th</sup> March 2019.
- A 60 hour skill development programme was organized by the Department of Computer Science from June to October to Computer Science students
- The Department of Food Science and Nutrition organized an **Inplant Training Programme on Bakery and Advanced Cooking** from 13th – 16<sup>th</sup> December 2018 for III UG and Public from Alangarathittu Village.
- Christmas day was celebrated on 22<sup>nd</sup> December 2018
- The entire premises of Holy Cross Home Science College was literally submerged in festive mood of Pongal with much enthusiasm and traditional fervor on 12<sup>th</sup> January 2019.
- About 152 students are attending MOOC (spoken tutorial) programme and under PMKVY & skill development scheme of Government of India organized by CSC Thoothukudi since 03<sup>rd</sup> January 2019, also 28 outgoing students will be attending Tally training programme under CSC from 18<sup>th</sup> March 2019.



- The Department of Computer Science hosted a State Level Intercollegiate Crosscom which was held on 15<sup>th</sup> February 2019.
- Nithilavarithi tamil manram celebrated the mutha mizhvizha on 16.02.2019
- Women's day celebrated on 08<sup>th</sup> March 2019 at our college premises organized by Women's Cell

### **Convocation Day:**

- The 6<sup>th</sup> **Convocation Day** of our college was held on 25<sup>th</sup> January 2019. Dr.Stephen University Nominee was the guest of honour.

I congratulate all the 150 under graduates & 29 post-graduates students who receive their degrees in person today. Congratulations to all the students who have performed well academically and have acquired ranks.

- Ms.Abiya Machado has secured University First Rank in B.Sc Food Science & Nutrition & French
- Mrs.Nabisathul Sahanas A has secured University 02<sup>nd</sup> rank in B.Sc. Food Science and Nutrition
- Ms.Roshini has secured University 03<sup>rd</sup> rank in B.Sc. Food Science and Nutrition & French
- Ms.Anupriya.M and Ms.Niranjana.R have secured 13<sup>th</sup> and 19<sup>th</sup> rank in Computer Science
- Ms.R. Lakshmi has secured University First Rank in M.Com
- Common celebrations like Fresher's Day, and all National Days were also commemorated.

Various competitions were conducted for our mothers on women's day and we were delighted to honor them with prizes as "rhpf;jpu rhjidahSHfs;" for 4 mothers. The parents shared their success stories and interacted with the students during the panel session.

### **NSS & YRC:**

NSS and YRC provide a platform for the students to move out of their text books and engage themselves in broader, social and environmental issues. They get practical exposure in addressing problems and offering fruitful solutions through experiential learning.

The following activities were organized by the NSS unit of our college:

- Yoga Day on 21<sup>st</sup> June, 2018 for the all the staff and students of our college. The training session was handled by Mrs. Judy Ivan Kumar, Physiotherapist and aerobics trainer.

- On July 17<sup>th</sup> 2018 the NSS Volunteers of our college were involved in cleaning the streets of Alangarathittu in co-ordination with MSME.
- Awareness programme on hazards of plastics to environment on 19<sup>th</sup> July, 2018
- A Blood Donation Camp on August 24<sup>th</sup> 2018 to celebrate Mother Teresa's Birthday. This camp was carried out by Dr. Mrs. Shanthi, Blood Bank Officer from Medical College Hospital, Thoothukudi.
- Our NSS Volunteers are rendering a spoken English Training Programme at Alangarathittu, Primary School from August 30<sup>th</sup> 2018 till now from 2.30 to 4.00 p.m.
- The NSS Day was celebrated on 22<sup>nd</sup> September, 2018. Various competitions were organized and the winners were awarded.
- A special camp was organized at Alangarathittu from 10<sup>th</sup> January, to 16<sup>th</sup> January, 2019.

The hope of every nation in the world is its young people. We, in our institution, prepare our students to be caring citizens so that they have an opportunity to touch the lives of the needy and the helpless. We try to make a difference in our students through YRC. The following activities were organized by the youth red cross of our college:

- An Orientation program on "Disability and Disability Rights" on July 28, 2018.
- Youth Red Cross volunteers accompanied by YRC coordinators visited St. Raphael's school for Differently Abled, Sawyerpuram on 15<sup>th</sup> October 2018. YRC of our college sponsored a day bread and nourishment to all the disabled students and their staff.
- On 17<sup>th</sup> October 2018, under the direction of Indian Red Cross society, Chennai, Youth Red Cross of our college organized Disaster Management Training Programme for all the final year students.

### **Sports:**

The importance of sports and games encompasses more than just the benefit of physical activity. It increases self-esteem, mental alertness and teaches the students life skills like teamwork, leadership and patience. Our students created a milestone in the history of the college by bagging the second place in the kabadi match at intercollegiate competition conducted by Kamaraj College, Thoothukudi.

### **Extra-curricular activities:**

We firmly believe that all round development takes place only if a student participates in various extra-curricular activities. Therefore, a lot of emphasis and importance has been given to it. Our students actively participated in cultural events organized by various organizations and institutions and brought laurel to the college.

The College has adopted a healthy practice of identifying and nurturing the latent talent of the students. The students are encouraged to participate in cultural and academic events and competitions within & outside the college.

- I & II Prize in the intercollegiate competition held at Fisheries college, Thoothukudi.
- Three First Prizes, Four Second Prizes, Three Third Prizes in the intercollegiate competition held at Lady Doak College, Madurai.
- Over all shield for the cultural events in the intercollegiate competition held at Wavoo Wajeeha College, Kayalpattinam.
- Two First Prizes and runners Cup in the intercollegiate competition held at Rajalakshmi college of Arts and Science, Vahaikullam.
- First prize in the competition held at Kamaraj college, Thoothukudi on Kamarajar birthday
- First, Second, Third Prizes at the intercollegiate Competition Conducted by JCI, Thoothukudi
- Second prize in the Breast Feeding Awareness Competition held at Sundaram Arulraj Hospital, Thoothukudi.
- First and Second prizes in the intercollegiate Competition held at Fatima College, Madurai.

### **Extension Activity:**

Extension activities form an important aspect of the life of our campus community. With the aim to enable the campus community to reach out to marginalised communities in the vicinity, all the departments successfully organized extension activity in this year. They rendered their service to the people of weaker section.

### **Placement Cell:**

- A 60 hour **Skill Development training programme** on Tally was organized by the cell in association with Sam Academy and CSC for UG students
- The placement cell conducted a MOCK Interview in association with Suresh Academy on 02<sup>nd</sup> March 2019
- Congratulations to Mrs.Della, Associate Professor, Department of Computer Science and Placement Cell team of the College!

In our mission and commitment to higher education, we are grateful to many individuals who support us, collaborate with us and work tirelessly to ensure the smooth functioning of our day to day activities. Let me take this opportunity to acknowledge gratefully, the unstinted co-operation, constant inspiration and immense support extended by our beloved President Dr. Sr. Rosalie Joseph and to the members of the Managing Committee and Sisters Community. I sincerely thank office bearers and members of PTA and Alumni Association for their dynamic support, and encouragement towards the development of the institution.

**To conclude:**

It is with a thankful heart, lifted unto God, I place on record the achievements of the academic year 2018 – 2019. The institution in its march towards excellence had to incorporate new trends and accommodate other demands. The corporate effort of people helped in translating the thoughts into reality.

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We wish our students higher professional pursuits and achievements. We do hope that our students, after graduating from the Crossian family, strive to create better conditions and meaningful prosperity for fellow citizens around them and for the world at large. Last but not the least I bow in gratitude before the Lord Almighty who made all these accomplishments possible.

Thank you for your precious time!

**Dr. Sr. Mary Gilda**